



The Pride of Poplar

Statue unveiled of youngest ever British world boxing champ

SEE PAGE 2



What's on at half-term

Lots to keep the little ones amused over the Whitsun break

SEE PAGES 10 & 11



Having a lark in the parks

As the mercury rises, head to the parks for fun in the sun

SEE PAGES 18 & 19

ISSUE 1011 26 MAY - 1 JUNE 2014

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eastendlife

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

MAYOR RAHMAN RE-ELECTED

COUNCIL ELECTION
RESULTS – PAGES 4 & 5



Mayor Lutfur Rahman speaking at the count, with runner-up John Biggs

BY LARAIN CLAY

RESIDENTS have re-elected Lutfur Rahman as mayor of Tower Hamlets for the next four years.

Standing as the Tower Hamlets First candidate, he received 37,395 votes with Labour's John Biggs in second place with 34,143 votes.

The count went to the second preference round after neither of the two candidates with the most votes – Mr Biggs and Mayor Rahman – succeeded in gaining 50 per cent of the poll

in the first round. This meant the second preferences of the bottom eight mayoral candidates were redistributed to the top two candidates.

The result was eventually declared just before 2am on Saturday, May 24.

Speaking after the announcement, Mayor Rahman thanked the returning officer John Williams and council staff as well as fellow candidates for "letting democracy prevail".

"The people of the borough have spoken again," he said.

Continued on page 3

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Forever a champ

"I thought there should be a lasting monument and that it should be in Poplar where Teddy hailed from."

GRANDSON MARTIN SAX

The Pride of Poplar

Terry Baldock (left) was just 19 when he became Britain's youngest world boxing champion in 1927 after winning the bantamweight title. And it's a record that still stands today.

SEE BELOW

News

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Teddy, the Pride of Poplar, comes home

BY JESSICA ODUBAYO

A LIFE-size bronze statue of boxing legend Teddy Baldock has been unveiled in Langdon Park, Poplar.

Known as the Pride of Poplar, Teddy won the 1927 world bantamweight title at the age of 19 – and his record as the youngest British boxer ever to win a world title still stands.

British boxing champions past and present attended the event, including 1994 WBO middleweight champion Steve Collins, along with Teddy's friends and family.

Teddy's grandson Martin Sax raised the money for the memorial after years of fundraising, with support from housing association Poplar Harca.

The statue overlooks Spot-

a new creative centre which is home to a championship standard boxing gym and is close to the site of Teddy's childhood home.

Money raised at the event will go towards the Teddy Baldock Sports Benevolent Fund, set up by Mr Sax to support people severely injured while taking part in sport.

"I thought there should be a lasting monument to mark Teddy Baldock's achievements in the ring and that it should be in Poplar where

he hailed from,"

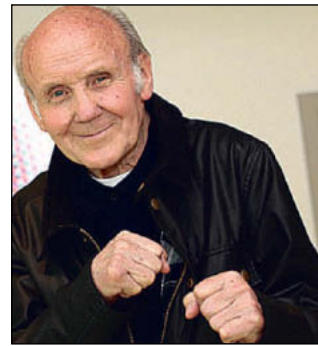
Mr Sax said.

"I hope that the statue will serve as an inspiration to Spotlight members and also the students attending the nearby Langdon Park Sports Community College, highlighting the achievements of a local youth, who through hard work and determination rose to the very pinnacle of his sporting career."

Teddy's great-grandson – Lito Sax, aged 14



(Above) Pam Sax, Teddy's daughter, and Colin Woollard, Poplar Harca board member, unveil the statue; (Below left) Sammy McCarthy, a legend of East End boxing; (Below right) Teddy's grandson Martin and his mum Pam



Inside this week's issue

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eastendlife
NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY
MAYOR RAHMAN RE-ELECTED
COUNCIL ELECTION RESULTS - PAGES 4 & 5
City Sell your property in 30 days



It's a matter of preferences

Mayor Rahman received 43.38% of the first preference votes and 11.64% of second preference votes. Mr Biggs received 32.82% of the first preference votes and 88.36% of second preferences.

WWW.TOWERHAMLETS.GOV.UK/VOTE

Mayor to take up post

The re-elected mayor will formally take up his post from midnight on Monday, May 26.

Election 2014



Candidates watch the count in Limehouse

Majority to be decided by recounts

TOWER Hamlets First had won most seats on the council as East End Life went to press on Saturday morning.

But re-counts were due to be held on Sunday in five wards – Bethnal Green, Bow East, Bromley South, Island Gardens and St Peter's.

And the council election was postponed in Blackwall & Cubitt Town following the death

of one of the candidates.

By Saturday the results, detailed on pages 4 & 5, had given Tower Hamlets First 15 seats on the council, Labour had nine and the Conservatives had three.

The number of seats and wards has changed following a review by the Boundary Commission of England – there were previously 51 councillors in 17 wards.

Mayor Rahman wins second term

■ Continued from page 1

Mayor Rahman said: "We will continue the work we started as a team of councillors, advisers, council officers – we are a high performing council. We will continue the great work we started. We are an inclusive, multicultural, integrated community."

The mayor pledged to deliver more new homes and asked the public to give him a chance and to judge him on his record. "Residents are astute, informed and knowledgeable. We represent everyone. The next four years will be energising. It is about giving our children a future they can be proud of," he said.

"Mayorality is a gift from the people of the borough. It has been entrusted to me and I want people to trust me."

Mr Biggs thanked all those

staff, candidates and campaigners who had helped keep democracy alive in east London.

"We should be proud of one of the highest turnouts in the capital," he said.

Congratulating Mayor Rahman on his victory, he said he would continue to work with him "to find a common cause".

"Tower Hamlets is a very special place, I love the East End

of London, I've always said we need to respect one another, unite and work together. That's how we can be unbeaten as a community, if we are divided we will be taken apart."

Thousands of people headed to the polls on Thursday, May 22 to vote for the mayor, 45 local councillors and for London region members of the European Parliament.

Mayoral votes

BANERJI, Reetendra Nath (Liberal Democrat) – 1,959

BIGGS, John (The Labour Party Candidate) – 34,143

CHOUDHURY, Reza Shoaib (Independent) – 205

KADIR, Hafiz Abdul (Independent) – 162

KHAN, Mohammed Kowaj Ali (Independent) – 164

MCQUEEN, Nicholas (UK Independence Party) – 4,819

PIERRE, Hugo (Trade Unionist & Socialist Coalition) – 871

RAHMAN, Lutfur (Tower Hamlets First) – 37,395

SMITH, Chris (Green Party) – 4,699

WILFORD, Christopher (The Conservative Party Candidate) – 7,173



Returning officer John Williams announces the mayoral results

News in brief

Poll postponed

THE election for councillors in the new Blackwall & Cubitt Town ward was cancelled last week after the death of one of the candidates.

Mohammed Hafizur (Hifzur) Rahman, who was standing for Tower Hamlets First, died early on Wednesday, May 21.

Offering condolences to his family, a spokesman for the council's returning officer said that, in accordance with local election rules, the poll would no longer take place on May 22.

A by-election will be held in the ward within 35 days of the original poll date. Polling stations in the ward displayed revised instructions to electors.

The mayoral and European elections went ahead in the ward as planned.

Euro vote results

VOTES for the European election were due to be counted on Sunday, May 25.

The results cannot be declared until all polls have closed across the 28 member countries. They were due to be announced in Tower Hamlets after 10pm.

Around 400 million people were eligible to cast their vote for 751 members of the European Parliament.

In London, 17 political parties were competing for eight seats to represent the capital.

Faith groups unite

POLICE were alerted to reports of a convoy of Britain First vehicles in Tower Hamlets on election day last Thursday at 10.30pm as polling stations closed.

Members of the fringe group had attempted to walk along Brick Lane and distribute leaflets. They left the area after a request by police.

A council spokeswoman said there was no impact on the strict elections processes, developed by the council, the police and the Electoral Commission, which were designed to ensure a free and fair voting process.

In support of the borough's

No Place for Hate campaign, faith and community groups, the council and police expressed unity in their opposition to Britain First's actions.

The Rev Alan Green, chair of the Inter Faith Forum, said: "Tower Hamlets, and the wider East End, has a long and honourable tradition of opposing those who preach hatred and provoke community division."

Superintendent Helen Lewis of Tower Hamlets police said: "We are committed to maintaining community cohesion in Tower Hamlets and work continually with our partner agencies to offer reassurance to our local residents and businesses."

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Lowdown on elections

Local council and mayoral elections are held every four years, and elections for the European Parliament every five.

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Recounts to be held

As East End Life went to press, recounts were due to take place in 5 wards – Bethnal Green, Bow East, Bromley South, Island Gardens and St Peter’s. The recounts will be held on May 25.

Election 2014

2014 elections: How you voted

Guide to the parties: Conservative Party (CON); Green Party (GRN); Independent (IND); Labour Party (LAB); Liberal Democrat (LD); The Peace Party (PP); Red Flag Anti-Corruption (RFAC); Tower Hamlets First (THF); Trade Unionist & Socialist Coalition (TUSC); UK Independence Party (UKIP).



A police officer on duty at Harbinger Primary School on the Isle of Dogs

Bethnal Green

3 councillors elected

RECOUNT DUE TO BE HELD ON MAY 25

CHOWDHURY, Babu (THF)
GIBBS, Amy Whitelock (LAB)
GULAI, Abdirashid (LAB)
HAQUE, Shafiqul (THF)
HEEMSKERK, Clive (TUSC)
ISLAM, Sirajul (LAB)
KENYON PEERS, Ellen (TUSC)
KHA LIQUE, Taz (CON)
MAK, Alan (CON)
PATEL, Meera Amrish (CON)
SHAJAHAN, Kamrun (LD)
THORNE, Chris (GRN)
ULLAH, Salim (THF)
ZSIKHOTSKA, Lubov (UKIP)

Blackwall & Cubitt Town

Election postponed due to death of a candidate. See page 3.

Bow East

3 councillors elected

RECOUNT DUE TO BE HELD ON MAY 25

ALI, Amina (LAB)
AMBROSE, Mickey (THF)
BLAKE, Rachel (LAB)
CHAN, Stephanie Wy (CON)
ERLAM, Andy (RFAC)
FRANCIS, Marc (LAB)
GUTTMANN HANCOCKS, Tatyana (GRN)
KAMALI, Sabia (THF)
PATON, George Allan (TUSC)
PENNY, Cameron David Alexander (CON)
REES, Lucy (GRN)
SALAM, Abdus (THF)
SPRACKLEN, Andy (LD)
THOMPSON, James (CON)

Bow West

2 councillors elected

Asma Begum Joshua Peck

AHMED KHAN, Anwar (IND) 619
AZAM, S. M. Safiul (CON) 441
BEGUM, Asma (LAB) 1,996
CHOWDHURY, Jainal (THF) 702
HUSSAIN, Altaf (LD) 328
PECK, Joshua (LAB) 2,439
POLSON, Alistair (GRN) 552
SMITH, Matt (CON) 627
WHITMORE, Louise (GRN) 559

Bromley North

2 councillors elected

Khales Uddin Ahmed Mohammed Mufti Miah

AHMED, Khales Uddin (LAB) 1,534
CARLTON, Angela (CON) 219
DEVLIN, Christopher (GRN) 281
FLETCHER, Mark Peter (CON) 178
FLYNN, Victoria (LD) 136
MCGOWAN, Daniel (TUSC) 76
MIAH, Mohammed Mufti (THF) 1,247
RAHMAN, Zenith (LAB) 1,153
SYED, Moniruzzaman (THF) 1,046
WILLSON, Aaron (GRN) 221



Counting mayoral votes at the Troxy

Bromley South

2 councillors elected

RECOUNT DUE TO BE HELD ON MAY 25

ALI, Kobir (THF)
CHOUDHURY, Syeda (THF)
CLARKE, Stephen (LD)
HANCOCKS, Ben (GRN)
HASSELL, Danny (LAB)
RAJGOPAL, Srikanth (CON)
THIENEL, Frank Richard (CON)
UDDIN, Helal (LAB)

Canary Wharf

2 councillors elected

Maium Miah Andrew Wood

CAFFERKY, Neil (TUSC) 58
CRAY, John (THF) 592
HUSSAIN, Ahmed (CON) 782
HUSSAIN, Shubo (LAB) 786
MIAH, Maium (THF) 829
SIMONE, Debbie (LAB) 801
TOAL, Stephen (LD) 181
WEBBER, Mark Adrian (UKIP) 327
WOOD, Andrew George (CON) 869

Island Gardens

2 councillors elected

RECOUNT DUE TO BE HELD ON MAY 25

CREGAN, Andrew (LAB)
GOLDS, Peter (CON)
LOCHNER, Wayne (UKIP)
MCTASNEY, Kathy (THF)
OLIVER, Doug (LD)
PEERS, John (TUSC)
RAHMAN, Raju (LAB)
THIENEL, Gloria (CON)
UDDIN, Bellal (THF)



Sealed ballot boxes being opened

Lansbury

3 councillors elected

Ohid Ahmed Rajib Ahmed Shiria Khatun

AHMED, Ohid (THF) 1,936
AHMED, Rajib (LAB) 2,184
AKTHAR, Shuily (THF) 1,727
BECKETT, Stephen John (THF) 1,535
COLLINS, Graham (CON) 387
DICKENSON, Pete (TUSC) 190
INGHAM, Paul William Eric (CON) 332
KHATUN, Shiria (LAB) 1,952
MCGRATH, Simon (LD) 232
RIAZ, Mohammed (CON) 228
SHEA, Paul (UKIP) 732
SMITH, Dave (LAB) 1,850

Limehouse

1 councillor elected

Craig Aston

AHMED, Mashuk (THF) 341
ASTON, Craig (CON) 786
HYLAND, David (UKIP) 104
LOMAS, Matt (LD) 105
OVERTON, Catherine (LAB) 730



Election 2014 in numbers

183,400 people were eligible to vote in Tower Hamlets; there were 125 polling stations; approximately 180 council staff were involved in the count; 45 councillors will represent 20 wards.

Mayoral turnout

Turnout for the mayoral election last Thursday was 47.58 per cent with 86,542 votes cast.

Election 2014

Mile End

3 councillors elected

Shah Alam

David Edgar

Rachael Saunders

ABDULLAH, Mushtak (CON) 571

ALAM, Shah (THF) 2,315

ALI, Mohammed Shahid (THF) 2,052

CHOUDHURY, Hafiz (IND) 383

EDGAR, David (LAB) 2,268

HALLETT, Andy (LD) 500

ISLAM, Jewel (CON) 446

MIAH, Arzoo (TUSC) 165

SAUNDERS, Rachael (LAB) 2,139

SNOWDON, Naomi (CON) 597

SYED, Mustak (THF) 1,796

UZ-ZAMAN, Motin (LAB) 1,801

Poplar

1 councillor elected

Kibria Choudhury

BYRON, Naomi Ruth (TUSC) 40

CHOUDHURY, Kibria (THF) 910

CHOWDHURY, Kahar (LAB) 761

MACMILLAN, Richard (LD) 41

MIGNANO, AnnaMaria (UKIP) 159

ROBINSON, James Philip (CON) 146

Shadwell

2 councillors elected

Rabina Khan

Harun Miah

BEGUM, Monowara (LD) 144

ELLERBECK, Des (CON) 337

GUTTMANN, Katy (GRN) 354

KHAN, Rabina (THF) 2,199

MIAH, Harun (THF) 2,192

RASHID, Mamun (LAB) 1,462

STAFFORD, Daryl Martin (CON) 326

WILLIAMS, Rob (TUSC) 141

ZAMAN, Farhana (LAB) 892

Spitalfields & Banglatown

2 councillors elected

Suluk Ahmed

Gulam Robbani

ABBAS, Helal Uddin (LAB) 1,215

AHMED, Suluk (THF) 1,743

EMMERSON, Jane Elizabeth (CON) 349

FELL, David Nolan (CON) 259

KHAN, Tarik (LAB) 1,015

NORTH, Ferdy (LD) 219

ROBBANI, Gulam (THF) 1,955

THORNTON, Zachary (GRN) 485

TURVEY, Jason Edward (TUSC) 98

St Dunstan's

2 councillors elected

Mahbub Alam

Ayas Miah

AHMED, Rofique (THF) 1,369

ALAM, Mahbub (Mamun) (THF) 1,805

BRYAN, Martin (UKIP) 369

CHOUDHURY, Abdul Munim (PP) 254

CHOUDHURY, Koyes Uzzaman (LD) 193

CLARKE, Charles William Moncrieff (CON) 426

KILBY, Chris (GRN) 484

MASCALL, Ben (CON) 254

MIAH, Ayas (LAB) 1,967

ULLAH, Abdal (LAB) 1,386

St Katharine's & Wapping

2 councillors elected

Julia Dockerill

Denise Jones

DENNISTON, John (LD) 319

DOCKERILL, Julia Louise (CON) 1,278

JONES, Denise (LAB) 1,208

KING, Neil Anthony (CON) 1,156

MADEWELL, Stuart (THF) 407

MIAH, Ahad (THF) 547

MILLS, Grenville (UKIP) 353

SCOTT, Robert (LAB) 956

VENPIN, John Raphael (GRN) 440



Emptying the ballot boxes at the Troxy count

St Peter's

3 councillors elected

RECOUNT DUE TO BE HELD ON MAY 25

BURGESS, Paul (GRN)

COX, David (GRN)

FISH, Simon James Peter (CON)

GIBBS, Carlo (LAB)

HARRISSON, Clare (LAB)

KHAN, Azizur Rahman (LD)

MIAH, Abjol (THF)

MIAH, Sanu (LAB)

MUSTAQUIM, Muhammad Ansar (THF)

ROWLANDS, Leonard (TUSC)

SPRINGER, Bertlyn Vernessa (UKIP)

THOMPSON, Adrian Charles (CON)

WATTS, Rachel Elizabeth (CON)

ZAMAN, Aktaruz (THF)

Weavers

2 councillors elected

VOTE NOT DECLARED AS EAST END LIFE WENT TO PRESS

AHMED, Kabir (THF)

CHILDS, Maureen (GRN)

DZIEDZAN, Alex (LD)

KHAN, Yousuf (THF)

MCQUEEN, Pauline (UKIP)

MUKIT, Abdul Chunu (LAB)

OUNSWORTH, Luke (CON)

PIERCE, John (LAB)

PIERRE, Hugo (TUSC)

SMITH, Chris (GRN)

TAGGART, Louise (CON)

Whitechapel

3 councillors elected

Shahed Ali

Abdul Assad

Aminur Khan

AHMED, Faruque Mahfuz (LAB) 1,359

ALI, Shahed (THF) 2,139

ASAD, Abdul (THF) 2,117

CROSBIE, Maggie (GRN) 703

GLOVER, Dinah (CON) 405

GRIFFITHS, John David Macleod (LD) 358

HOLDEN, Richard John (CON) 409

KHAN, Aminur (THF) 2,088

MCNEILIS, Andrew John (UKIP) 199

RAHMAN, Jamalur (LAB) 1,188

ROBINSON, Robert (LAB) 1,190

VANDYCE, Nicholas Donald Anthony (CON) 345

WRACK, Michael (TUSC) 139



The count at the Troxy in Limehouse

Stepney Green

2 councillors elected

Alibor Choudhury

Oliur Rahman

AKHTAR, Sabina (LAB) 1,568

CHOUDHURY, Alibor (THF) 2,023

CLARKE, Hilary (GRN) 411

DONKIN, Martin Peter (LD) 151

MANN, Hugo Ciaran (CON) 166

MCQUEEN, Nicholas (UKIP) 387

OBAZE, Victoria (LAB) 954

RAHMAN, Oliur (THF) 1,965

WILFORD, Chris (CON) 209

The lungs of the city

The Green Team planted 242 trees in the past year as well as ensuring existing trees are safe and well maintained.



Who you gonna call?

Residents can report cleansing or general maintenance issues via the Find it, Fix it, Love it app or call 7364 5004. Download the app for free at the Apple App Store or via Google Play, search for FiFiLi.

Cleaner, safer, greener news

As the sun comes out and the parks become busier, the council's Green Team will be working harder than ever to ensure that the parks and open spaces are looking clean, attractive and a safe place for park users. **Sarah McLaughlin** reports.



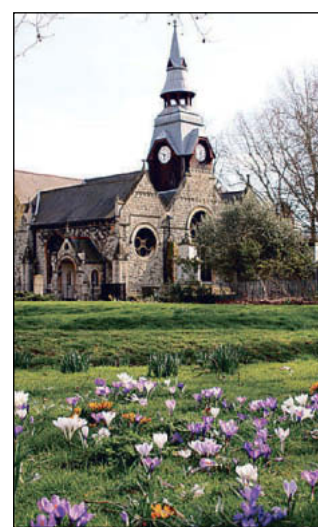
Terry Fisher and Farid Nainia from the Green Team

The team in green keep parks pristine

THE Green Team, the council's in-house grounds maintenance service, has now been in existence for one year with its 20 dedicated gardeners who are responsible for the maintenance of the 160 parks and open spaces.

Responsibilities include grass cutting, planting, flowerbed maintenance, unlocking and closing of the park gates and checking play structures for damage. The team also provides specialist care of the bowling greens around the borough. In the past year innovative ways of tracking work and reporting problems have been introduced. Quick Response (QR) codes are being piloted at the gates of the major parks within the borough to allow park users to alert the council to any issues they may find, helping to speed up response times.

Radio-frequency identification (RFID) tokens are also being used to track that essential



routine tasks are undertaken, such as the opening and closing of park gates.

The tree management programme is a key element of the Green Team's workload and this year they have brightened up Tower Hamlets with the addition of 242 new trees, while ensuring existing trees are safe and well maintained through a structured monitoring and pruning programme.

The team is directly employed



by the council, which ensures a flexible and efficient service that can be deployed at a moment's notice across the borough to deal with any issues that arise, as well as carrying out routine maintenance. The parks' maintenance was previously carried out through contracts with external companies.

Jamie Blake, head of the council's public realm service, said: "The parks and open spaces are looking better than ever thanks to the work and development of the green team. Having the team in-house has proved very successful, allowing us to direct resources more effectively.

"The smarter ways of working have resulted in cost savings which have allowed us to invest in new kit and vehicles, further improving the service and appearance of the parks."

Report any cleansing or general maintenance issues to the Green Team via the Find it, Fix it, Love it app or call 7364 5004. Download the Find it, Fix it, Love it app for free at the Apple App Store or via Google Play, search for FiFiLi.

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Queen sends her congratulations

Her Majesty The Queen sends congratulatory messages to people celebrating their diamond (60th), 65th and platinum (70th) wedding anniversaries and then every year.

Free music to your ears

The Spitalfields Summer Music Festival takes place at venues across the borough and many events are free.

SEE BELOW

News

Tom and Edna's platinum bond

Couple celebrates seven decades of married life

BY JESSICA ODUBAYO

EDNA Sinclair describes the day she met her husband Thomas as "a lucky occasion".

And last Tuesday, the Bow couple recounted their good fortune as they celebrated their 70th wedding anniversary with a family gathering and a personal greeting from the Queen.

Thomas, 90, and Edna, 89, met during the war and were married in Newcastle-on-Tyne on May 20, 1944.

Edna told East End Life: "We couldn't afford a big, posh wedding. We were married in church and had a small party in the church hall."

The couple, who moved to Tower Hamlets 54 years ago, said there have been ups and downs, including ill health, but they had "worked things through".

With eight children, 24 grandchildren, 41 great-grandchildren and five great, great-grandchildren, Mr and Mrs Sinclair said close-knit family life has also kept their home going. "I enjoyed having all my chil-



Thomas and Edna with their anniversary cards

dren," Edna said. "When they were younger, we used to go on holidays in our caravan, and when they were older, we travelled a lot."

"Tom used to be a long-distance driver and he took the grandchildren to France, Belgium and other countries. I did various jobs and ran the home."

Their children, including the eldest, Carol Stevens, 69, and

John, who at 52 is the youngest, said their parents had set a fine example for family life.

Marie, another daughter, said: "We were taught not to be greedy and to share everything."

A message from the Queen said: "I send warm congratulations on the celebration of your platinum wedding anniversary. May your celebrations be particularly happy and memorable."

News in brief

Three men charged with teen murder

THREE men have been charged with murdering 18-year-old Isschan Nicholls in Poplar in 2010.

Simeon Hunter, 24, of Ambrose Walk, Bow, Joel Ofori, 22, of Watts Grove, Bow, and Mully Tambwe, 22, of Romford, appeared on Wednesday, May 21 at Thames Magistrates' Court.

They were remanded to appear at the Old Bailey on Friday, May 23.

Music fest returns

SPITALFIELDS Summer Music Festival returns next month with more than 40 events.

It runs from June 6 until June 21, and many events are free.

For details of the programme go to spitalfields.org.uk where tickets can also be booked or call 7377 1362, weekdays 10am-6pm.

Book charts adventures of the Beau Belles

IT began as a mobile library and now the Beau Belles' Ice Cream Van has been whipped up by illustrator and videographer Rebecca Davis into a book.

A celebration of how communities unite, the book was launched with an evening of bingo, a buffet and a brass band on May 15 at Bethnal Green Working Men's Club.

The Beau Belles Ice Cream Van mobile library visited Bethnal Green, Hackney, Coventry, Hull and Southwark, celebrating cultural rituals and traditions occurring through history to the present day, from cheese chasing to karaoke crooning, scarecrow stuffing to bingo calling.

The book documents the



Beau Belles' tour and features a wider discussion with individuals including members of the East End Women's Institute, a Hackney bar lady and Phyllis, a woman who lives in the same Roman Road house she was born in and now sings with local

group the Sundial Singers. Based for a time at Hackney City Farm, the van also stopped at the V&A Museum of Childhood and the Open East Festival in Stratford.

To buy the book, email beaubellesicecreamvan@gmail.com

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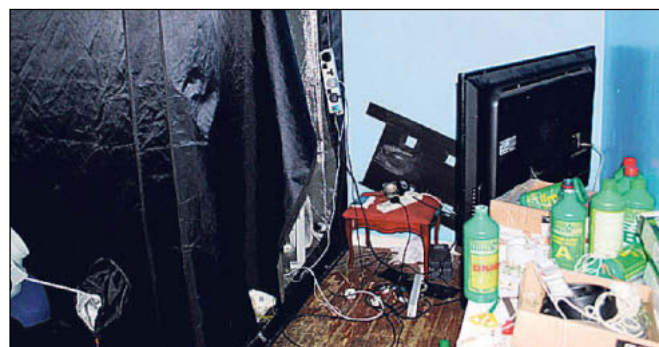
Free 24-hour advice

A new freephone telephone helpline will operate 24 hours a day, 365 days a year, for residents who are having problems with substance or alcohol misuse.

FREEPHONE 0800 389 4442

Useful information

Partnership is working well



News from the council's community safety service

IT'S been a busy month for the community safety service. The Partnership Task Force has been continuing to take action against drug dealers – this time (on May 3) arresting three people in a dawn drugs raid on Tiber Close in Bow.

During the raid, officers seized a quantity of cannabis, three wraps of white powder, and £120 in cash. They also discovered a hydroponic tent (pictured above) containing the remnants of a cannabis plant, and fertiliser, lights and an extractor fan.

All three occupants who were arrested denied cultivating or supplying drugs, and were bailed.

The Partnership Task Force is a council initiative under which the council funds extra police officers, and tasks them to tackle key issues of importance to residents such as drugs, gangs and vice.

It demonstrates that when the council and police work together, we really can help make residents feel safer.

In another recent success, the owner of a noisy shisha bar in Poplar issued an apology to residents for the disturbance he caused them – after we took action against him.

The owner of the Shisha Lounge (also known as the Canopy Shisha Bar), Dabir Ahmed, posted letters through residents' doors.

The letter read: "...I am taking this opportunity to apologise for

any possible inconveniences and to guarantee you that new measures have been taken into consideration to create a safer and quieter environment..."

The Shisha Lounge, which is at the junction of Broomfield Street and Upper North Street, was ordered to close for six weeks in February, after the council took action against it for persistently disturbing residents. The premises re-opened at the end of March.

We decided to take action after receiving numerous complaints from residents and local businesses about anti-social behaviour and noise nuisance emanating from the shisha bar.

This apology is a sign that the action we've taken is working to improve residents' quality of life. However, we are still monitoring the Canopy Shisha Bar, and will not hesitate to take further action if necessary.

Also this month, we have launched a new telephone helpline for residents who are having problems with substance or alcohol misuse.

The new helpline is a free-phone and will operate 24 hours a day, 365 days a year. Callers will be offered crisis advice, and information and signposting to support services.

The aim of the service is to offer support and advice to people suffering with drug and alcohol problems, and who may also be involved in the criminal justice system.

The helpline can be reached on 0800 389 4442.

To report anti-social behaviour locally, ring the police non-emergency number on 101.

Chemist rota

Pharmacists in Tower Hamlets with extended opening hours.

E1

ABC Drug Stores, 12-14 Montague Street: Mon-Fri 9am-7pm, Sat 9am-5.30pm, Sun 10am-2.30pm.

Beck & Sherman, 197 Whitechapel Road: Mon-Fri 9am-7pm, Sat 9am-5.30pm, bank holidays 11am-1pm.

Sainsbury's, The Albion Brewery: Mon-Fri 8.30am-10pm, Sat 7.30am-10pm, Sun 11am-5pm.

Chapel, 139 Cannon Street: Mon-Fri 9am-8pm, Sat 9am-6pm.

E2

Fairdale, 360 Bethnal Green Road: Mon, Tues, Weds, Fri 9am-6.30pm, Thurs 9am-1pm, Sat 9am-6pm, bank holidays 11am-2pm.

Florida, 307 Bethnal Green Road: Mon-Fri 9am-7pm, Sat 9am-6pm, bank holidays 11am-2pm.

E3

Bell, 534 Roman Road: Mon-Sat 7am-11pm, Sun 10am-2pm.

Forward, 648 Mile End Road:

Mon-Fri 9am-7pm, Sat 9am-6pm, Sun and bank holidays 10am-6pm.

Green Light, St Andrew's Health Centre, 2 Hannaford Walk: 8am-8pm, seven days a week, including bank holidays.

Lincoln, 60 St Paul's Way: Mon, Tues, Weds 8am-8pm, Thurs, Fri, 8am-8pm, Sat 9am-5pm.

Tesco, Hancock Road: Mon 8am-10.30pm, Tues-Fri 6.30am-10.30pm, Sat 6.30am-10pm, Sun 11am-4pm.

E14

Boots, Unit 15, Jubilee Place: Mon-Fri 7am-midnight, Sat

9am-6pm, Sun 12pm-6pm.
Britannia (Perimart), Asda Precinct, East Ferry Road: Mon-Sat 9am-8pm, Sun 11am-4pm, bank holidays 11am-6pm.

Doctors

Please ring your doctor's surgery for an appointment, but if it's the weekend or late at night, call 7377 7151 (only for people in Tower Hamlets who are registered with a doctor). To find a doctor, dentist or help to quit smoking call the health hotline on 7364 5016, Mon-Fri 8am-8pm and Sat 8am-4pm.

Advice

East London Parkinson's Support Group

For people with Parkinson's disease and their carers. Meets third Weds each month, 11am-12pm at John Scurr Community Centre, 1A Bekesbourne St, E14. 0844 225 3704/0808 800 0303

Family Information Service (FIS)

Information for people from birth to age 19 (or 25 for those with additional needs) including helping to find childcare, advice on tax credits and childcare vouchers. Open Mon-Fri, 8am-6pm Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 fis@towerhamlets.gov.uk 7364 6495

Alzheimer's Society Tower Hamlets

Advice and help for carers and people with dementia. Mon-Fri, 9am-5pm. Robinson Centre, Mile End Hospital, Bancroft Road, E1. 8121 5626

Tower Hamlets Advocacy Project

Independent advocates for adults with learning disabilities. Mon-Fri, 9.30am-4.30pm. Gladstone Place, 1 Ewart Place, E3. 7364 2550/2199

Parents Advice Centre (PAC)

Offers advice around special educational needs (SEN). 30 Greatorex Street, E1. Drop-in sessions every Tues, 9.30am-3.30pm & Fri, 9.30am-1pm. 364 6489

LinkAge Plus

An initiative of the Department for Work and Pensions. Toynbee Hall is one of five centres that coordinates services and activities provided. Mon-Fri from 9am-5pm, drop-in session for advice on benefits, pensions, employment and housing. Appointments necessary. Mon 9am-5pm, Bangladeshi group. Toynbee Hall, Commercial Street, E1 7392 2914 www.toynbeehall.org.uk

Free Advice

Benefits, housing, immigration. Bengali speakers, home visits to

house-bound. Weds, 10.30am-12.30pm, Island House, Roserton Street, E14. Thurs, 1-3pm, Splash, Will Crooks Estate, Poplar High Street, E14. 7987 9379

Skillsmatch

Free advice on all aspects of employment including training, apprenticeships and job vacancies. Canary Wharf Recruitment & Training Centre, 8 Heron Quays, E14. 7364 3727 or email skillsmatch@towerhamlets.gov.uk

Tower Hamlets National Childbirth Trust



Photo order form

Copies of pictures published in East End Life taken by council photographers are available to readers. To request a copy, email eastendlife.news@towerhamlets.gov.uk and we can send it straight away. If you do not have access to email fill in this form and send it to Photos, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. This service does take longer.

Name

Address

Issue no.

Page no.

Offers support, information and friendship to parents and parents-to-be. Regular events. 07976 710964 or towerhamletsnct@yahoo.com www.nct.org.uk

Breastfeeding Support Centres

Mon 11am-1pm Wapping Children's Centre, 15 Chandler St, E1. Weds 12.30-2.30pm, Collingwood Children's Centre, Buckhurst St, E1. Fri 12.30-2.30pm, Overland Children's Centre, 60 Parnell Rd, E3. Sun 2-4pm Barkantine Birth Centre, 121 Westferry Rd, E14. 3594 2591 or 07961 609 626

Families with Autism

Spark Centre, Smart Street, E2. 8981 4924 fwautism@btinternet.com

Free home fire safety advice

From the London Fire Brigade 08000 28 44 28

Careers advice

Tower Hamlets Careers Service

Careers advice for ages 13-19 (up to 25 SEN). Mon-Fri, 1pm-5pm. Appointments available. Careers Centre, 35 Bow Road, E3. 7364 1401

TH Lifelong Learning

Mon-Thurs, 10am-4pm. Shadwell Centre, 455 The Highway, E1.

Careers advice

Support from Civic Enterprise Clubs Co-operative. Tues & Thurs, 1-4pm & 6-9pm. Bishopsgate Institute, 230 Bishopsgate, EC2. 07432 463343

Take your place for healthy debate



The 2014 Health Conversation is a chance to learn more about health services and find out how NHS Tower Hamlets CCG is supporting local residents to stay healthy.

SEE DETAILS BELOW

Animated anti-ageism

Bin Ageism is an animated film made by older and young people to show the impact of ageism.

STORY BELOW

News

Age is only a number

BY JESSICA ODUBAYO

AGE-based prejudice and its impact on people of all ages is the subject of a national campaign launched last week by a local inter-generational group.

Sixth form students from Oaklands School and Cambridge Heath Sixth Form in Bethnal Green and older people from Tower Hamlets worked with artists from Magic Me and animation experts from the British Film Institute (BFI) to create an animation film.

Entitled Bin Ageism, the film was launched at the institute on May 12 and shows the impact of ageism on younger and older characters. It asks people to sign up to a campaign to fight the prejudice and nominate three friends to do the same.

"Ageism affects us all throughout our lives. Strangers, bosses, even family members make judgements about us based on our age, not our ability. Ageism operates at work, in the health system, on the Tube, at home," said Susan Langford, director and founder of Magic Me.

Magic Me campaign to take on ageism



Members of the audience at the launch of Bin Ageism campaign

"Magic Me has 25 years' experience of bringing younger and older people together. They tell us about the impact of ageism, how it limits people's expectations and other potential. That's why we want to bin it."

The intergenerational charity has been working since last autumn to research, plan and create the movie, learning skills in film making and teamwork.

One student who has been involved in the project said: "It has

been great working with a different age group than my own. I have really enjoyed the experience. I have learnt new things – what ageism is and how it affects people. Once you watch our animation you will understand the full affects and agree we should bin ageism."

The group plans to get the message across through social media and at screenings in schools, older people's centres, conferences and workplaces

across during May and June.

Visit www.magicme.co.uk for further information.

News in brief

Support for girls

PEACE campaigners were invited to tea at the Nigerian embassy after they pledged to support the campaign to find 200 kidnapped schoolgirls.

Members of the Victims of the Docklands Atrocity (DVA) wrote to the ambassador in London to express their concern for the welfare of the girls, kidnapped on April 14 by Boko Haram.

DVA members Jonathan Ganesh, Rachel Oshodi and Ihsan Bashir told the Nigerian minister Tajudeen Gbadebo Adeniyi they hoped the girls would soon be found.

The DVA was formed after the IRA bomb attack at South Quay, Isle of Dogs in 1996 in which Mr Bashir's brother Inam was killed.

Park to open

RESIDENTS are invited to the official opening of the newly

created Lark Row community garden off Vyner Street, Bethnal Green this week.

From 10am-2pm on Wednesday, May 28, the event will include children's and gardening activities for all.

A swap event will be held for reusable items, such as clothes, DVDs, books, paired shoes, toys and bric-a-brac.

Tour celebration

A CELEBRATION of places on the route of the Tour de France is being held at the Queen Elizabeth Park this weekend.

Every host city of the Tour will simultaneously hold a fete on Saturday, May 31 with the Fête du Tour celebration in the Park from 10am to 6pm.

Attractions include the chance to try bikes such as hand cycles, mini Penny Farthings and Strikes, mountain bike displays, French food and cycle training.

Have your say on health

RESIDENTS are being invited to give their opinions about local health services on Saturday, May 31.

NHS Tower Hamlets Clinical Commissioning Group is holding the Health Conversation at Idea Store Chrisp Street, 1 Vesey Path, Poplar from 11am-3pm.

Visitors can talk to NHS bosses, ask questions and have their

say about the plans for the future of health services.

They will be able to vote on their local priorities, give their opinions on new projects and let the NHS know what is important to them.

A series of workshops will give people the opportunity to develop new ideas and influence decisions about health and care

services, and there will also be the opportunity for visitors to have a discussion with a nurse and get a free health check.

There will be fun activities for the whole family and a range of food and refreshments.

To book your place at a workshop or find out more, visit www.towerhamletscg.nhs.uk or call 3688 2500.

Explore local history for arts project

A SERIES of free workshops continue this week giving disabled residents the opportunity to explore the council's extensive archive collections as part of an arts project.

Out of the Box is one way the Local History Library & Archives

in Mile End is providing access to its rare collections.

People taking part in the workshops can explore selected materials using a combination of audio, spatial and visual techniques and help develop a series of new artworks.

Drop-in sessions are on Thurs-

day, May 29 from 5-8pm at Local History Library & Archives, 277 Bancroft Road, E1 and Saturday, May 31 from 11am-4pm at Idea Store Whitechapel, 321 Whitechapel Road, E1.

For details email info@outoftheboxproject.org or call 7613 5856/07944 513590 (voice/texts).

VISIT



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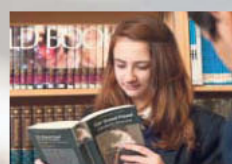


OPEN MORNINGS 2014

Please arrive at 9:45 am. Tours run from 10:00am to 11:00am

JUNE 2014

Wednesday 4th June
Wednesday 11th June
Wednesday 18th June
Wednesday 25th June



JULY 2014

Wednesday 2nd July
Wednesday 16th July



TRANSPORT

Stepney Green Tube
Limehouse DLR

Bus routes 5, 10, 15, 25, 40, 115, 309, 339

www.sjcr.net

Get on your bike

Budding BMX riders can show their talent and skills at free BMX sessions at Mile End Park.

SEE DETAILS ON PAGE 36



The appliance of science

Centre of the Cell is a science education centre located within medical research laboratories, part of Barts and the London School of Medicine & Dentistry at Queen Mary, University of London.

WWW.CENTREOFTHECELL.ORG

Half-term listings

Museum of London Docklands

Discover London from its many languages to the way the river shapes our lives. Help create a giant map of the capital. Free. Sat, May 24-Sun, Jun 1

Archaeological Detectives

Family tour and activities for ages 5+. £3 per child, accompanying adults free.

Tues, May 27. 11am-12.30pm & 2-3.30pm.

Book in advance on 7001 9844

Mapping London: City Sounds

Dig down to London's foundations and create a soundscape for a giant map. Ages 5+. Free.

Thurs, May 29. 11am-1pm & 2-4pm.

Dig with Morti

Join Morti the mouse for songs and digging. Ages 2-5. Free.

Fri, May 30. 11am-12pm & 2-4pm.

1 Warehouse, West India Quay, E14.

7001 9844

www.museumoflondon.org.uk/docklands

Centre of the Cell

Something in the Air

Interactive show about air pollution – what it is, how we measure it and how to avoid it.

Weds, May 28. 10am-12.15pm & 11.15am-1.30pm.

Teethtastic

Workshop taking part in a giant DIY



You can help create a giant map at the Museum of London Docklands



Artbash at the V&A Museum of Childhood will be messy fun

toothpaste experiment with the chance to take part in a show inside one of the centre's pods.

Thurs, May 29. 12-2.15pm & 1.15-3.30pm.

Tickets to each show are £7 adults, £5 under-16s & concs, under-3s free.

Blizard Institute, 4 Newark Street, E1.

Book at 7882 2562 or

http://centrefthecell.eventbrite.co.uk

Oxford House

Puppetry workshops

Use recycled material to create giant puppets, learn puppetry animation, acting and production skills, ready for a theatre parade on Sat, May 31. For ages 7-12.

Tues & Weds, May 27 & 28. 2-4pm.

Derbyshire Street, E2.

Book at projectboondock@gmail.com

7739 9001

www.oxfordhouse.org.uk

Ragged School Museum

Happy Birthday, Queen Victoria!

This half-term marks the 195th anniversary of the birth of the country's longest-reigning monarch.

Join a royal-themed birthday bash full of bunting, slices of Victoria sponge cake and fun activities for the whole family. Free, donations welcome.

Weds & Thurs, May 28 & 29. 10am-5pm. 46-50 Copperfield Road, E3.

8980 6405

www.raggedschoolmuseum.org.uk

V&A Museum of Childhood

Victorious Victorians

Wind back 150 years to follow a Victorian toy trail, listen to Story Spinner tell the tale of The Selfish Giant by Oscar Wilde, try on Victorian costumes, test your knowledge at the 'investigation station' and make a Victorian toy to take home. Drop-in for all ages. Free. Mon-Fri, May 26-30. 10.30am-4pm.

Artbash

Fun and messy arty workshops for

ages 5-11. Free.

Fri, May 30. 1.30-2.30pm & 3.30-4.30pm. Cambridge Heath Road, E2.

8983 5200

www.museumofchildhood.org.uk

Geffrye Museum

Ideal Homes

Create futuristic homes, wacky wallpapers and funky fabrics. Includes daily nursery rhymes for ages 2-5, 10.30-11.30am & 12-1pm. Workshops allocated on first come, first-served basis 30 mins before start. Ages 2-16, under-11s must be accompanied. Free. Tues-Fri, May 27-30. 10.30am-4pm. 136 Kingsland Road, E2.

7739 9893

www.geffrye-museum.org.uk

LOCK KEEPERS

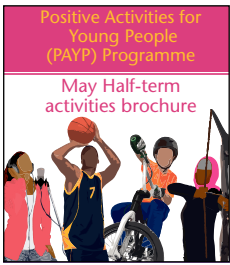
— BOW E3 —

RECOGNISING ITS HISTORY REBUILDING ITS FUTURE



CGI image by Allies and Morrison.

GILLENDER ST, BOW, LONDON E3



Positive thinking

May half-term schemes organised by the Positive Activities for Young People programme include arts, music, ICT, driving lessons and first aid training. It also offers residential and day trips.

WWW.TOWERHAMLETS.GOV.UK/YOUTH

Be a good sport

To find out more about the range of sporting opportunities available all year round in the borough, visit...

WWW.TOWERHAMLETS.GOV.UK/SPORTS

Half-term

Get out, get active... have fun

BY SHALINA HUSSAIN

GET active this half-term with a range of free events organised by the council.

If you haven't yet visited the impressive Queen Elizabeth Olympic Park, head down to the South Lawn on Wednesday and Friday, May 28 & 30 to try out free sport taster sessions.

The park is working with former Olympic host boroughs to encourage increased levels of physical activity as part of the Active People, Active Park programme.

The council's sports team will be on hand to offer tennis, athletics, trampolining, volleyball and disability sports to visitors from 1-6pm on both days.

Over at Idea Store Whitechapel on Sunday, May 31 there will be Fun Art for Families sessions from 2-4pm.

There will also be Family Fitness Fun on Tuesday, May 27 from 2-3pm in the dance studio.

At Idea Store Watney Market children are invited to build their own virtual map of the borough by choosing their favourite building and spaces at Mapping Your Tower Hamlets.

Workshops will be held on May 27 from 2.20-3.30pm, May 29 from 4-5pm and May 31 from 3-4pm.

Idea Stores and libraries run a regular children's programme including:

Story time – Monday to Friday at 10.30am, for babies and under-5s.



CHILDREN who took part in recent Kids Create workshops at Glamis Adventure Playground in Shadwell will be showing off their efforts this week. The youngsters threw, sprayed and splashed paint, and played with musical instruments as they made their creations. Their work will be exhibited at Southern Grove Centre in Mile End from Friday, May 30 until Sunday, June 1 when there will be musical accompaniment from the newly formed Noodle Band. It is open from 4-7pm on Friday and 12-4pm both other days.

Photo by Ellie Pile

Dad's Club – every Saturday from 10.30am for dads to share books with their children.

Family Reading Group – every Saturday at 2.15pm, open to everyone.

The Daily Serial – every weekday

Monday to Friday at 3.30pm, for children up to 11. Relax after school with refreshments and a story.

Art Club – Sundays at 2.15pm at Idea Stores Bow, Crisp Street, Canary Wharf and Whitechapel.

Teenage Book Club – Thursdays at 4pm for over-12s.

Homework Club – Fridays at 4pm.

To find out more call 7364 5665 or visit www.towerhamlets.gov.uk/ideastore

Box, canoe, climb and sow seeds

A VARIETY of events and workshops encouraging young people to participate in positive activities and get involved with the community are taking place this week.

Mudchute Association on the Isle of Dogs is offering ten young people the chance to learn some new gardening skills with indoor and outdoor workshops and a trip planned to Kew Gardens.

Sports and fitness activities are available across the borough with a number of football tournaments, boxing workshops as well as canoeing, kayaking, sailing and high rope courses.

Youngsters wanting to gain some new experience can sign up to the technical training and event management training being delivered by Young and Talented.

A full listing of activities on offer can be found at www.towerhamlets.gov.uk/youth or by contacting your local youth club.

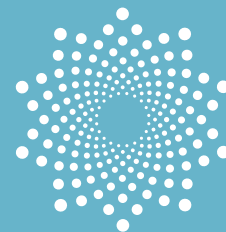
For more information, contact the integrated youth and community services team on 7364 3164.

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PEABODY

Spotlight summer programme May 2014 onwards

Spotlight is a creative youth space dedicated to helping young people fulfil their potential. It offers free state of the art sound, film, design, art and broadcasting facilities, alongside performance, dance, boxing, fashion, styling and chill areas. We've partnered with organisations like the National Theatre, IMD Legion, CM Sounds, Candoco Dance Company, East London Radio, Dulwich Picture Gallery and more to deliver world-class programmes.

We've got loads happening, and if you want to find out what's going on at Spotlight right now, or next week, then jump over to wearespotlight.com on your phone or laptop and check out all the different courses, clubs and events we've got coming up.

To get started, all you need to do is fill in a membership form when you get here, and drop in some details in a programme form, then once your parent or carer has signed it all off you'll be on your way.

If you have any questions just drop us a message on: info@wearespotlight.com, give us a call: **020 30 111 333** or visit us at: **30 Hay Currie Street, London, E14 6GN.** (next to Langdon Park DLR Station)



daily planner	monday	tuesday	wednesday	thursday	friday
arts & performance	open mic: ELAM		youth theatre: National Theatre	spoken word - open mic: Da Poet	script writing: Y&T Rep Company
			slam poetry: Slambassadors/ Poetry Society		
media	family film screening: Spotlight	digital radio training: East London Radio		build your own app: Apps Cluster	
		printmaking: Dulwich Picture Gallery			
sports		kickboxing: Tower Hamlets Sports Development	young women's football: Langdon Park Ladies	young women's yoga: Tower Hamlets Sports Development	
music	soundtracks live: CM Sounds	music production: CM Sounds	band workshop: CM Sounds		
		band development: Leaders in Community			
dance		contemporary dance (rambert): Rambert		kathak & bollywood dance: Akademi	hiphop dance: IMD Legion
		street dance: Embrace			

for the latest Spotlight programme updates go to: wearespotlight.com or ask inside for more info.



Casual destruction of palace history

The destruction of the Old Palace kickstarted the whole conservation movement, so appalled were Londoners by the casual destruction of the beautiful 300-year-old building.

SEE BELOW

Got a story to tell?

If you have a tale about East End history, write to John Rennie or email him at johnrennie@gmail.com

WWW.EASTLONDONHISTORY.COM

History

BY JOHN RENNIE

COLONIES loom large in the history and mythology of our island. England, then Great Britain and latterly the United Kingdom, became rich on trade and slaving. Of course it's far easier to be the little country punching above its weight when you have cannon, musket and disease on your side against unprepared indigenous peoples.

But extraordinary though Britain's dominion over the globe was, there were numerous disasters too... and failed and vanished colonies play a fascinating role in our past.

The Lost Colony at Roanoke, Queen Elizabeth's attempt to establish a permanent English foothold in the Americas, is probably the most famous. Established in 1587, on the modern-day North Carolina coast, its 115 members included Elizabeth Dare, the first child born to English parents on American soil. When ships returned in 1590 to bring supplies to the colony, it had disappeared without trace... no clue to their fate has ever been found.

Then there was the Darien Scheme, Scotland's attempt to establish itself as a global colonial power in 1695, and a disaster of such epic proportions (swallowing £400,000, at the time a third of the liquid wealth of Scotland) that it led almost directly to the Act of Union just 12 years later.

A combination of inexperience, greed and the perfidy of the English Crown (William III having promised the support of his own American colonists but then reneged) sunk New Caledonia. When Robert Burns wrote of a "parcel of rogues" in Edinburgh, selling their country to the English, he could as easily have dubbed them "a ship of fools".

But one of the oddest lost colonies is placed nowhere more exotic than Bromley-by-Bow. Today, with no disrespect to the residents of that quarter of London E3, it's an unremarkable slice of the capital, squeezed into the angle made by Bow Road and the Blackwall Tunnel Approach.

Of course we know that Bromley had seen grander days. This was the site of the priory whose French teaching was mocked by Geoffrey Chaucer in the Canterbury Tales. There was the Old Palace, built as a hunting lodge by James I, and whose destruction kickstarted the whole conservation movement, so appalled were Londoners by the casual destruction of a beautiful 300-year-old building (though one of its rooms ended up in the Victorian and Albert Museum in Kensington, where you can see it to this day).

But it was a neighbouring building, again casually cast down by the relentlessly improving Victorians, which holds the key to the Scottish colony. Today, the site

A little part of Bromley that's forever Scotland

James I established a coterie of his native Scots in his London court – it's here the stories of the Scots colony at Bromley arise."

of Tudor House is the Bromley-by-Bow recreation ground – a much-needed spread of green space for 19th century East Enders to be sure, but it's astonishing to think of what was carelessly lost.

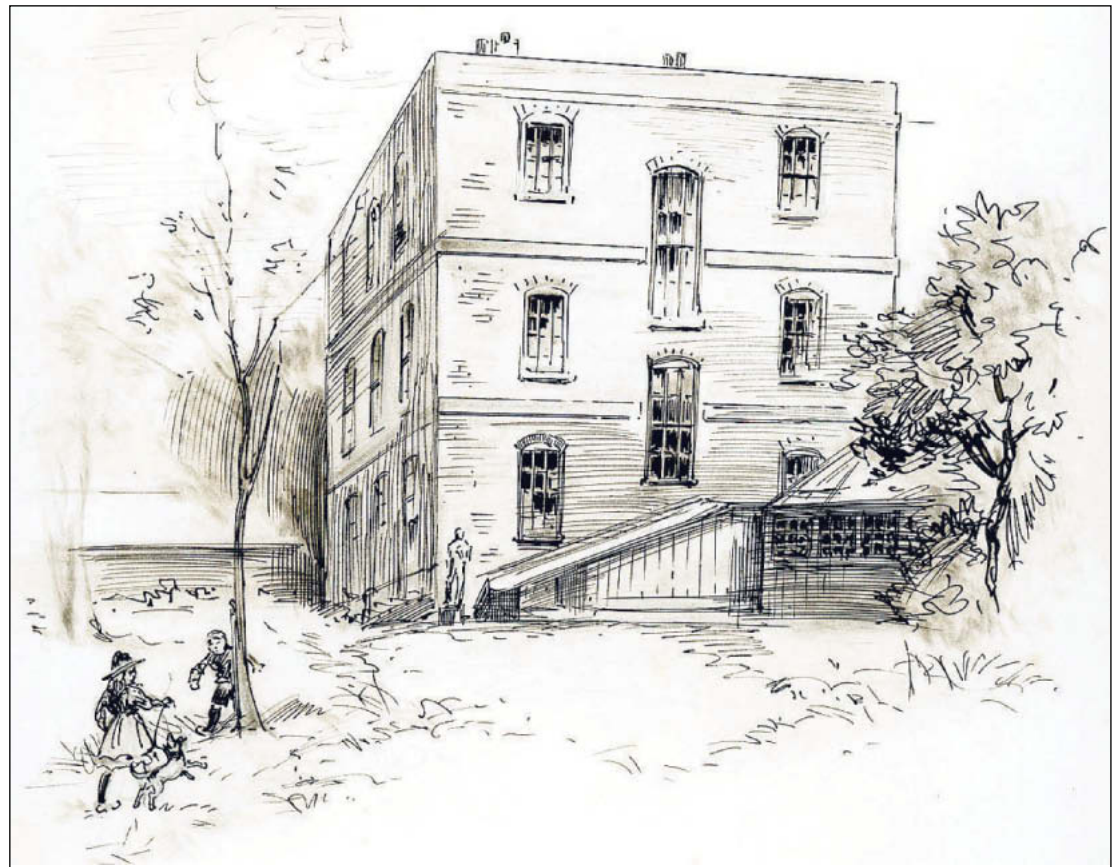
Photographs of Bromley High Street in the late 1800s show a semi-rural village of weatherboard houses and old inns. Bromley, of course, lay on the very edges of London (it was still nominally Middlesex countryside); over the other side of the River Lea, which formed the borough's eastern boundary, lay Essex and the yet to be curtailed spread of Epping Forest. The forest and rural Essex had, in earlier days, been a hunting ground for King James, hence the construction of the Old Palace on the eastern route out of London.

James VI of Scotland ascended the English throne in 1601, on the death of Elizabeth I. The new James I quickly established a coterie of his native Scots in his London court, and it's from here the stories of the Scots colony at Bromley arise.

Tudor House had been built in the late 1500s but acquired its name from a branch of the Tudor family who supposedly came to join a Scots colony in Bromley at the invitation of their cousin, the new monarch. James had qualified as English king through his great-grandmother, Margaret Tudor, elder sister of Henry VIII.

In his magisterial Survey of London, CR Ashbee writes: "The king is supposed to have founded a settlement in the parish early in the 17th century of persons mainly of Scotch nationality." Intriguing further evidence of the Scottish connection comes through the elaborate decoration of the Old Palace, built in 1606 for the king. Today perfectly preserved in the V&A, architectural historians have identified it as by the same hand which made the Panel Room at Balcarres House in Fife.

Ashbee was writing in the last days of



the 19th century and painted a tantalising picture of a Bromley just about to disappear. The Tudor House was "one of several buildings which still remain as relics of the village of Bromley. The village is marked by the winding High-street, which widens into a triangular space before the churchyard. In the High-street are several interesting specimens of architecture of the village type... if [the Tudor House] were destroyed a very distinctive landmark would have perished," he wrote.

A leading light of the Arts and Crafts movement, Ashbee had established his Guild and School of Handicraft in Whitechapel, and was battling against the Victorian enthusiasm for razing historic buildings. The Old Palace had already been lost. Ashbee wrote: "The palace was demolished by the London School Board at the beginning of the compilation of this register. On the eve of its destruction the house was in admirable repair, the timbers perfect, the fittings and interior panelling for the most part preserved. The early Jacobean stone carving on the mantelpieces was still crisp and new, and the plaster work of the ceilings of much thickness and sound consistency. The original oak staircase in the southern part of the house, with its massive moulded newels, handrails, and

The Tudor House in around 1898

Photos: Tower Hamlets Local History Library and Archives

Tower Hamlets Local History Library and Archives is at 277 Bancroft Road, E1. 7364 1290

The library is closed on Mons; Tue 10am-5pm; Weds 9am-5pm; Thurs 9am-8pm; Fri closed; Sats (first and third of the month only) 9am-5pm

balusters was also in perfect preservation." On the site was built the Old Palace School in 1896 (itself destroyed by bombs in World War 2, and rebuilt).

Alas for the Tudor House it was bought by the London County Council for £6,088 on June 13, 1898. The LCC was looking to create a new public park for the densely populated neighbourhood. An admirable aim, but Tudor House, despite being in 'excellent condition, especially the old work', according to Ashbee, was demolished. In its place, a garden, with a bandstand, toilets and also a gymnasium for children was opened in April 1900.

Over the years, the Bromley Recreation Ground dwindled to a 'barren and often abandoned stretch of grass'. In recent years, rather beautifully restored, it has been incorporated into the grounds of the Bromley by Bow Centre.

References

- CR Ashbee's Survey of London (Bromley by Bow) <http://www.british-history.ac.uk/source.aspx?pubid=754>
- Article from the Co-Partnership Herald <http://www.mernick.org.uk/thhol/bromley4.html>
- <http://www.londongardensonline.org.uk/gardens-online-record.asp?ID=THM013a#>

A range of services

The council provides many services for residents and businesses. Go to the A-Z on the website at

WWW.TOWERHAMLETS.GOV.UK

Council information

Tower Hamlets forward planner

TOWER Hamlets Council produces a forward plan every month detailing the key decisions it will take, together with the details of

the author, and consultation undertaken. It can be found in Idea Stores, libraries, One Stop Shops and council offices or at www.towerhamlets.gov.uk/data/your-council/data/forward-plan/forward-plan.cfm

Meetings

Wednesday, June 11

7.30pm: Council
For details call 7364 4204 or email johns.williams@towerhamlets.gov.uk

Tuesday, June 24

7pm: Overview & scrutiny committee
For details call 7364 4333 or email angus.taylor@towerhamlets.gov.uk

Wednesday, June 25

5.30pm: Cabinet
For details call 7364 4651 or email matthew.mannion@towerhamlets.gov.uk

7pm: Development committee
For more information call 7364 4877 or email zoe.folley@towerhamlets.gov.uk

towerhamlets.gov.uk

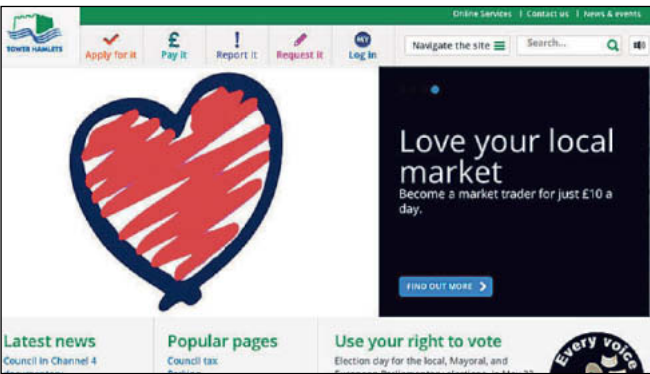
Thursday, June 26

6.30pm: Licensing sub-committee
For details call 7364 4120 or email simmi.yesmin@towerhamlets.gov.uk

Monday, June 30

5.30pm: Audit committee
For details call 7364 4881 or email antonella.burgio@towerhamlets.gov.uk

Details are accurate at time of going to press. Agendas are available online a week before meetings, which are at the Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG, except Cabinet.



Tower Hamlets online

www.towerhamlets.gov.uk

For information on council services, including:

- report a missed rubbish collection
- make a doorstep recycling request
- report an abandoned vehicle
- bulk rubbish collections



Get information on welfare reform

The council's benefits service can provide information about housing benefit, council tax benefit and entitlement to free school meals. It has compiled a list of helpful agencies at...

WWW.TOWERHAMLETS.GOV.UK/WELFAREREFORM

Planning

- E1** White Hart Public House, 1 Mile End Road – conversion and extension of upper floors into an apart-hotel above existing public house.
- 12D Cephas Street** – proposed double-storey front extension, loft conversion with rear dormer window and front porch.
- 40 Ernest Street** – application for prior approval for single-storey rear extension.
- 3 Court Street** – application for consent to display an advertisement.
- 5 Osborn Street** – application to vary condition of planning permission ref. PA/01/00132, dated 16.5.01 to extend opening hours to 11am-3am on any day.

Site outside Royal London Hospital, Whitechapel Road – consent to display internally illuminated advertisement panel to re-sited bus stop.

E2 11 Justines Place – application for lawful development certificate re. existing use as residential dwelling.

E3 Flat 8, Arlington Building, Fairfield Road – listed building consent for installation of secondary glazing in same style as existing windows.

1-5 Alfred Street – application for prior approval for change of use from office to provide 11 flats.

Lewey House, Joseph Street –

installation of three 0.6m and one 1.2m telecommunications dishes, one equipment cabinet, 800mm x 800mm, and associated equipment.

E14 Northern and Shell Tower, 4 Selsdon Way – installation of two 0.6m dishes, one equipment cabinet 800mm x 800mm and associated equipment.

44 Venue Street – single-storey rear extension.

6 Passfield Drive – prior notification of proposed single-storey ground floor rear extension.

Flat 21, Duke Shore Wharf, 106 Narrow Street – proposal to replace windows and door to side and rear elevation.

Drug treatment providers

Community Drug Team
Substitute prescribing, key working, health screening & referral to residential treatment.
71 Johnson Street, E1.
7790 1344
www.lifeline.org.uk

Nafas
Support with a focus on Bangladeshi community. The Davenant Centre, 179-181 Whitechapel Road, E1.
7377 0676.

Harbour Recovery Centre
In-patient detox for 18+ males. Riverside House, 4th Floor, 20 Garford Street, E14.
7538 9421

Young People's Service
Treatment for under-19s Unit 26, Skyline Village, Limeharbour, E14.
3069 7878
www.lifeline.org.uk

Isis
For women aged over 18 c/o Hopetown Hostel, 60 Old Montague Street, E1.
7426 0399
www.compass-uk.org

Community Alcohol Team
Unit 22, Skyline Village Limeharbour, E14.
0800 008 7200
www.rapt.org.uk

Somali Substance Misuse
Help, advice & referral for people with khat, alcohol or drug issues. Contact Idriis Elmi. Mind in Tower Hamlets & Newham, Open House 13 Whitethorn Street, E3.
7510 1081

Quit smoking for Ramadan

BY ANNA WILSON

HELP is at hand in the run up to Ramadan for people wanting to quit smoking.

Dr Somen Banerjee, director of public health at the council, said: "Ramadan is an ideal time to start healthy habits. The health and financial benefits of quitting tobacco extend beyond a few weeks as you greatly reduce your risk of lung cancer, heart disease and stroke. "Stop smoking advisers will be available for advice and support"

Tower Hamlets continues to have among the highest levels of smoking and smokeless tobacco use in London with more than 45,000 adults (24.5 per cent) continuing to smoke regularly, compared to the London rate of 21 per cent.

However, smoking rates have continued to decrease – approximately 23 per cent of the population are ex-smokers and more than 1,400 people have quit tobacco with support from local services since April.

Dr Sam Everington, chair of NHS Tower Hamlets Clinical Commissioning Group and a local GP, urges Muslims to quit for Ramadan and to seek support if they need it.

He said: "You can also access free NHS Stop Smoking services through your local pharmacy or GP practice. "The service can offer support that won't break your fast. "I really encourage people of all ages to speak to their GP or pharmacy and take on the challenge of stopping smoking before and beyond Ramadan."

Regular stop smoking sessions are held every Tuesday, 12.30-2.30pm at Darul Ummah Mosque, Bigland Street, E1; every Wednesday, 2-3.30pm, at Brick Lane Mosque; and every Thursday, 1-3pm, at East London Mosque, Whitechapel Road, E1.

Advice sessions will be held on: Wednesday, May 28, 2-4pm at Idea Store Watney Market, E1; Friday, May 30, 1.45-2.30pm at East London Mosque and 12.30-2.30pm at Ford Square Mosque, E1.

To speak to a member of the Bangladeshi Stop Tobacco Project (BSTP) in English or Bengali, call 7882 8669 (women) or 7882 8660 (men).

For information on local stop smoking services visit www.towerhamlets.gov.uk/stopsmoking

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To book your tickets visit <http://centreofthecell.eventbrite.co.uk/>

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canarywharfcars.co.uk

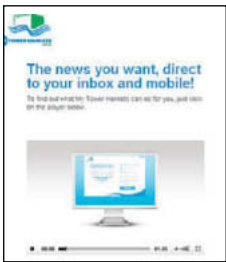
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Chris on 7364 4994
Fatima on 7364 4623
Sharan on 7364 4061



Register now for free news

Tower Hamlets residents can register for the free news and consultation service giving updates on subjects they choose as often as they want them. For more information visit...

MY.TOWERHAMLETS.GOV.UK



Did you get it?

Last week's photo was of signs encouraging safe driving in St Paul's Way, E3.

Council information

Town Hall

Town Hall, Mulberry Place,
5 Clove Crescent, E14 2BG.
7364 5000

Hotline numbers

Housing benefits – 7364 5001
Council tax – 7364 5002
Parking services – 7364 5003
Streetline – 7364 5004
Adult social care – 7364 5005
Children's services – 7364 5006
Pest and noise nuisance –
7364 5007
Environmental health,
trading standards & licensing
– 7364 5008
Planning & development
– 7364 5009
Business rates – 7364 5010
Recruitment line – 7364 5011
Electoral services – 7364 0872
Tower Hamlets Homes – 7364
5015
Healthline – 7364 5016

General enquiries

For other council enquiries call
7364 5020.

Useful housing numbers

Housing repairs – 0800 376 1637
Tenancy support – 7364 5544
Housing advice (E14) – 7364 7507
Housing advice (E1, E2 or E3)
– 7364 3558
Homeless service – 7364 7474
Choice-based lettings
– 7364 0244
Homeseekers – 0845 270 2400

Switchboard

If you know the name of the person or department you need to contact, call the switchboard on 7364 5000.



Do you know where to find this unusual feature of the borough? Our popular oddities picture poser gives readers the chance to keep their eyes peeled to see if they can spot where our photographers took the pictures. If you have photos of your own you would like to see published in East End Life, email them to eastendlife.news@towerhamlets.gov.uk or send them to Photo Poser, East End Life, Town Hall, Mulberry Place, 5 Clove Crescent, Poplar, E14 2BG. They need to be high resolution, at least 1MB and 300 dpi.

Report it!

To report an incident, use these
24-hour freephone numbers:

Non-emergency crimes – 101
Textphone – 18001 101

If a crime is in progress,
there is an emergency or if
anyone is in immediate
danger dial 999.

The council's domestic
violence team can provide
information, signposting and
referrals to local services.
Bengali speakers available

0800 279 5434 (office hours)
**24-hour domestic violence
national helpline**

0808 2000 247
**Haven Whitechapel (sexual
assault referral centre)**

7247 4787
**Karma Nirvana (Honour
Network Helpline)**

0800 5999 247
**Broken Rainbow
(LGBT domestic violence)**

0845 260 4460
**Black Women's Health
& Family Support**
8980 3503
Rights of Women

(legal advice)
7251 6577

Victim Support Line
0845 30 30 900
**Victim Support Tower
Hamlets**

8555 8254
**NSPCC Child Protection
Helpline**

0800 800 5000
Childline

0800 1111
Shelterline

0808 800 4444
Respect (for perpetrators)
0845 122 8609

**Reunite (advice about
child abduction)**

0116 2556 234
Men's Advice Helpline
0808 8010 327
Samaritans
08457 909090

**Tower Hamlets Mediation
Service offers confidential
and impartial advice with
neighbour conflict**
Free service for council tenants
and leaseholders. 7702 8305

Trading standards
Consumer Direct: 08454 040506

Walk-in services

One Stop Shops

Bethnal Green – 1 Rushmead,
off Bethnal Green Road, E2
Bow & North Poplar – John
Onslow House, 1 Ewart Place, E3
South Poplar – 15 Market
Square, Chrisp Street, E14
Stepney & Wapping –
Idea Store Watney Market,
260 Commercial Road, E1.
**Open Mon-Fri, 9am, doors
close at 4.30pm. Sat, 9am,
doors close 12.30pm at
Rushmead and Idea Store
Watney Market only.**

Idea Stores

Bow – Gladstone Place, E3.
Canary Wharf – Churchill
Place, Canary Wharf, E14.
Chrisp Street – Vesey Path, E14.
Whitechapel – 321 Whitechapel
Road, E1. 7364 4332
Watney Market –
Commercial E1. 7364 4332
All open: Mon to Thurs,
9am-9pm; Fri, 9am-6pm;
Sat, 9am-5pm. Sundays –
Bow and Chrisp Street
open, 10am-4pm;
Whitechapel, 11am-5pm; and
Canary Wharf, 12-6pm.

Libraries

Bethnal Green – Cambridge
Heath Road, E2. 8980 3902
Cubitt Town – Strattondale
Street, E14. 7987 3152
All open: Mon, Tues, Weds
& Fri, 10am-6pm; Thurs,
10am-8pm; Sat, 9am-5pm.
**Local History Library and
Archives** – 277 Bancroft Road,
E1. Open Tues, 10am-5pm;
Weds, 9am-5pm; Thurs,
9am-8pm; Sat (1st & 3rd of
the month), 9am-5pm.
7364 1290; email localhistory@towerhamlets.gov.uk

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7364 4944



সাশ্রয়কৃত মূল্যে গ্যাস-বিদ্যুত স্কীমের উদ্বুদ্ধকরণ প্রচারণা চলছে

টিএইচই কমিউনিটি পাওয়ার টাওয়ার হ্যামলেটস কাউন্সিলের একটি ইনোভেটিভ এনার্জি স্কীম। এই স্কীমের যোগ দিয়ে কিভাবে বছরে প্রায় ১৬৬ পাউন্ড জ্বালানি বিল সাশ্রয় করা যায়, সেব্যাপারে জনসাধারণকে অবহিত করতে এক রোড শো’র আয়োজন করা হয়েছে। বিস্তারিত পড়ুন নীচে -

ENERGY CO-OP GOES ON THE ROAD

Harmony

Lutfur Rahman ayaa loo doortay Meeyar

DADWEYNUHU waxay u cugteen meeyarka murashaxii Tower Hamlets First Lutfur Rahman. Wuxuu ahaann doonaa meeyarka afarta sanno ee innagu soo fool leh.

Dadka ku nool Tower Hamlets ayaa u dareereen khariistii la soo dhaafay, Meey 22, codbixintii doorashada meeyarka afarta sanno ee innagu soo fooleh, 45 kawnsular oo deegaanka ah iyo xubnaha wakiilada London

Lutfur Rahman elected as mayor – p1

ee baarlamaanka Yurub, taasi oo Yurub oo dhan ka dhacaday.

Jimcihii la soo dhaafay ayaa la tiriyey codadkii meeyarka iyo kawnsulka kala heleen, kuwa baarlamaanka yurubna waxaa lagu wadaa in la tiriyo maalin-ta Axda ee Meey 25, taas oo mar lala tirinayo dalal kale ee Yurub.

Doorashadii Meeyarka waxaa ku guuleystey Lutfur Rahman, ayaa helay 37,395 oo cod,

John Biggs oo ah (Xusbiga Shaqaalaha) 34,143 oo cod. Kaalinta sedexaad waxaa galay Christopher Wilford (Conservative) isaga oo helay 7,173 oo cod. Toban murashax ayaa u tartamay jagada meeyar doorashadan. Faahfaahinta iyo natiiyooyinka oo idin ka eeg bogga 3aad. Natiijada kawnsulkan waxaad ka daalacataa bogaga 4 iyo 5.

Astaamaha lagu garto istarooga

Be ready to recognise signs of a stroke – issue 1009

DHAKHAATIIRTU waxay dadweynaha ku baraarujinayaan in ogaadaan astaamaha faaliga islamarkaana ka diyaar garoobaan oo talaabo ka qaadaan.

Faaligu waa cudurka sedexaad ee soboba geerida islamarkaana ugu badan naafaynta dadka waaweyn.

Tower Hamlets gudaheeda iaal 2000 oo qof ayuu faalig ku dhacay, kuwaas oo 350 ka mid ah cusbitaalka la dhigay, sanadkiiba.

Meey, waa bisha isku baraar-

jinta faaliga, khubarada caafimaadkuna waxay dadka ku xusuusinayaan fariin ah af, adin ah.

Astaamaha ugu muhiimsani ee lagu gartaa waa jaaha afkoo ku qaloocsama oo aad awdi kari weydo in aad muusooto, gacmaha oo aad qaadi keri weydo, itaal daro daraadeed, hadalka kaa soo bixi waaya, ammaa aad ku margato, xilliga ku haboon in aad garaacd 999 islamarkiiba, haddaad aragto astaamahaa.

Dr Sam Everington, gudoomiyaha NHS ee Tower Ham-

lets iyo GP deegaanka, ayaa yidhi: “Faaliga waa la daaweyn karaa, laakiin waxaa loo baahan yahay in dhakhso loo garto astaamihiisa, waana sobobta aanu u gudbineyno fariintan astaamaha.”

Xarunta faaliga ee Cusbitaalka London, Whitechapel, waxay bixisaa talooyin wax ku ool ah oo kuu furan 24 saacadood, todobada cashaba. Waxaa kala oo jira gurmada degdega ah, sida 999. Kuwaas ayaa wax ka tari kara in la baadiyo qofkay ajali u laaban tahay.

Ka sabatabaxa dabkacay

Plan to stay safe in a high-rise fire – issue 1009

GUDDOOMIYAHA Kooxda dam damisku wuxuu ogeysiinayaa dadka ku nool guryaha in ay xusuusnaadaan ololaha badbaadada ee cusub kadib markii la soo saaray arrin cusub.

Sahan uu sameeyey guutada dab damisku ee London, ayaa muujisay 75% dabkaca, sanadkii la soo dhaafay.

Waxaa kale oo ay muujisay in ka badan kala badha guud ahaan London, dadka ku

nool high rise amma ilaa 760,000 qoysaska high rise aanay lahayn qorshe lagaga fakado dabka.

Dadkii la waraystay sahan-kani boqolkiiba kinton waxay sheegeen in ay gurigooda ka baxaan xataa haddii mid kale dab qabsado, taasi oo ah halis kale.

Ciidanka dab damisku waxay fureen wabsayt lagu barayo qorsha ololaha cusub ee badbaada www.knowtheplan.co.uk si loo hubiyo in laandloordhiska iyo kuwa ku nooliba

xilka saran.

Taliyaha gonolka ee dab damiska Bruce Epsly ayaa yidhi: “Waxaanu wadajir ula shaqaynaynaa laandloordhiska iyo kuwa guryaha bixiya ee Tower Hamlets ee masu’uulka ka ah guryaha, si loo xaqiijiyo in ay xilkoodii ka soo baxeen, deganayaashuna ammaankoodu sugan yahay.”

Wuxuu intaa raaciyey: “Haddii meel kale dabka kaco sartaad ku jirto, ha dhaqaajin, waxaa ku roon in aad gudaha gurigaaga joogtid.”

পুনর্ব্বার মেয়র নির্বাচিত হলেন লুৎফুর

আগামী ৪ বছরের জন্য টাওয়ার হ্যামলেটসের নির্বাহী মেয়র হিসেবে নির্বাচিত হলেন বর্তমান মেয়র লুৎফুর রহমান।

২২ মে বৃহস্পতিবার মেয়র অব টাওয়ার হ্যামলেটস, লকাল কাউন্সিল এবং ইউরোপীয়ান পার্লামেন্ট নির্বাচন অনুষ্ঠিত হয়। পরদিন ২৩ মে শুক্রবার ভোট গণনা শেষে বিকালে ঘোষণা করা হয় মেয়র নির্বাচনের ফলাফল।

Lutfur re-elected as mayor – page 1

মেয়র পদে দ্বিতীয়বারের মত নির্বাচিত হয়েছেন মেয়র লুৎফুর রহমান।

নির্বাচনে জয়লাভের পর এক প্রতিক্রিয়ায় নতুন মেয়র লুৎফুর রহমান বারার সকল ভোটারদের প্রতি কৃতজ্ঞতা জানান। তিনি বলেন, এওয়ার্ড বিজয়ী কাউন্সিলকে নেতৃত্ব দেয়ার সুযোগ

পেয়ে আমি গর্বিত এবং বারার বাসিন্দাদের জন্য যেসকল চমৎকার সেবা কার্যক্রম রয়েছে, তা অব্যাহত রাখতে আমি বদ্ধপরিকর।

নতুন মেয়রের চার বছরের মেয়াদকাল শুরু হবে ২৬ মে মধ্যরাত থেকে। মেয়র নির্বাচনে এবার মোট ভোটারের ৪৭.৫৮ শতাংশ তাদের ভোটাধিকার প্রয়োগ করেছেন। ২০১০ সালে অনুষ্ঠিত প্রথম মেয়রাল নির্বাচনে টার্নআউট ছিলো ২৫ দশমিক ৬৫ শতাংশ।



Mayor Lutfur Rahman

মেয়রাল ইলেকশনের পূর্ণাঙ্গ ফলাফল

বিজয়ীঃ	মেয়র লুৎফুর রহমান-	দলঃ	টিএইচএফ	প্রাপ্ত ভোটঃ	৩৭৩৯৫
রীতেন্দ্র নাথ ব্যানার্জী	-	লিবারেল ডেমোক্রেন্ট	-	১,৯৫৯	
জন বিগস	-	লেবার পার্টি	-	৩৪,১৪৩	
রেজা শোয়েব চৌধুরী	-	স্বতন্ত্র	-	২০৫	
হাফিজ আব্দুল কাদির	-	স্বতন্ত্র	-	১৬২	
মোঃ খোয়াজ আলী খান	-	স্বতন্ত্র	-	১৬৪	
নিকোলাস মেককুইন	-	ইউকেআইপি	-	৪৮১৯	
হুগো পিয়েরে	-	টিইউএসসি	-	৮৭১	
লুৎফুর রহমান	-	টিএইচএফ	-	৩৭৩৯৫	
ক্রিস স্মিথ	-	গ্রীণ পার্টি	-	৪৬৯৯	
ক্রিস্টোফার উইলফোর্ড	-	কনজারভেটিভ	-	৭১৭৩	

সাশ্রয়কৃত মূল্যে গ্যাস-বিদ্যুত স্কীমের যোগ

দিতে বাসিন্দাদের উদ্বুদ্ধকরণ প্রচারণা চলছে

Energy co-op goes on the road – issue 1010

টিএইচই কমিউনিটি পাওয়ার টাওয়ার হ্যামলেটস কাউন্সিলের একটি ইনোভেটিভ এনার্জি স্কীম। এই স্কীমের যোগ দিয়ে কিভাবে বছরে প্রায় ১৬৬ পাউন্ড জ্বালানি বিল সাশ্রয় করা যায়, সেব্যাপারে জনসাধারণকে অবহিত করতে এক রোড শো’র আয়োজন করা হয়েছে।

গৃহস্থালি জ্বালানি ব্যয় কমিয়ে আনার লক্ষ্যে টিএইচই কমিউনিটি পাওয়ার বারার বাসিন্দাদের ২০১০ সাল থেকে তথ্য ও পরামর্শ দিয়ে আসছে।

জ্বালানি সরবরাহকারি প্রতিষ্ঠানগুলোর কাছ থেকে সাশ্রয়কৃত মূল্য নিশ্চিত করা ও লন্ডনব্যাপি সুইচিং ক্যাম্পেইনে যোগ দেয়ার ব্যাপারে

সহযোগিতা করা হয়েছে।

দি লন্ডন বিগ এনার্জি সুইচ নিলাম ধরনের ব্যবস্থার সুযোগ নিয়ে কম মূল্যে গ্যাস বিদ্যুত ত্রয়ের ব্যাপারে ক্যাম্পেইন করেছে। যারা এই স্কীমে তাদের নাম রেজিস্টারি করেছেন তারা হ্রাসকৃত মূল্যে জ্বালানি ব্যবহার করতে পারবেন। গত ফেব্রুয়ারি মাসে যারা নিলামে অংশ নিতে এই স্কীমে যোগ দিয়েছিলেন, তারা গড়ে ১৬৬ পাউন্ড সাশ্রয় করেছেন বলে দেখতে পাবেন।

১৯ শে মে বো আইডিয়া স্টোরে দুপুর ১টা থেকে বিকাল ৫টা পর্যন্ত, ২০শে মে রোমান রোড মার্কেটে, ২৭ শে মে আইল অফ ডগসের আজদা সুপারমার্কেটে এবং ২৯শে মে

হোয়াইটচ্যাপেলের আইডিয়া স্টোরে এই রোড শো অনুষ্ঠিত হবে।

বাসিন্দারা যে কোন একটি অনুষ্ঠানে উপস্থিত থেকে স্টাফদের কাছ থেকে স্কীম সম্পর্কে তথ্য ও পরামর্শ অবগত হতে পারবেন। আগামী ১০ই জুন মঙ্গলবার নিলাম অনুষ্ঠিত হবে। বাসিন্দারা যদি ৯ই জুন সোমবারের মধ্যে নাম তালিকাভুক্ত করেন, তাহলে তারা এই নিলামে অংশ নিতে পারবেন। www.towerhamlets.gov.uk/energy এই অনলাইনে বা বিকাল ৫টার মধ্যে ০৮০০৫০৮৮৩৬৪ এই নম্বরে ফোন করে বিস্তারিত জানা যাবে বা তালিকাভুক্ত হওয়া যাবে।



হাফ টার্মে শিশু-কিশোরদের জন্য কাউন্সিলের নানা কার্যক্রম

মে মাসের হাফ টার্মের স্কুল হলিডের সময় বারার শিশু কিশোরদের ব্যস্ত রাখতে কাউন্সিল বিভিন্ন ধরনের ফ্রি কর্মসূচি গ্রহণ করেছে। যারা এখনো কুইন এলিজাবেথ অলিম্পিক পার্ক ঘুরে দেখার সুযোগ পায়নি, তারা ২৮ ও ৩০ মে পার্ক পরিদর্শনের পাশাপাশি বিভিন্ন খেলায় অংশ নেয়ার আনন্দ উপভোগ করতে পারবে। বিস্তারিত পড়ুন নীচে -

KEEP BOREDOM AT BAY THIS HALF-TERM

Harmony

ভিক্টোরিয়া পার্কে অনুষ্ঠিত হলো কালচারাল ফুড ফেস্টিভ্যাল

গ্রীষ্মের উষ্ণতা বাড়ার সাথে সাথে বারার বাসিন্দারাও প্রস্তুত হচ্ছেন সামারকে উপভোগ করতে। এই গ্রীষ্মে বারার পার্কগুলোতে বিভিন্ন ধরনের কর্মসূচি গ্রহণ করা হয়েছে, যাতে করে বাসিন্দারা এবং এখানে বেড়াতে আসা লোকজন গ্রীষ্মের রৌদ্রকরোজ্বল আবহাওয়া উপভোগ করতে পারেন।

এসব কর্মসূচির অংশ হিসেবে ১৭ মে ভিক্টোরিয়া পার্কে অনুষ্ঠিত হয় কালচারাল ফুড ফেস্টিভ্যাল।

প্রায় ৮-৬ হেক্টর জমি নিয়ে গঠিত বারার বৃহত্তম পার্ক ভিক্টোরিয়া পার্কে ২০১২ সালের লন্ডন অলিম্পিক গেমস উপলক্ষে প্রায় ১২ মিলিয়ন পাউন্ড ব্যয়ে আধুনিকায়ন করা হয়েছিলো। ঐ বছরই পার্কটি লন্ডনের সেরা পার্ক হিসেবে পিপলস্ চয়েজ এওয়ার্ড লাভ করে।

ভিক্টোরিয়া পার্কটি গত ১৭০ বছর ধরে স্বাস্থ্যকর অবকাশ, বিনোদন, খেলাধুলার স্থান হিসেবে লক্ষ লক্ষ মানুষ ব্যবহার করছেন।

এই পার্কে সারা বছরই আনুষ্ঠানিক ও অনানুষ্ঠানিক খেলাধুলা, অনুষ্ঠান, উৎসবাদির আয়োজন হয়ে থাকে।

পার্কের পূর্বাংশে অবস্থিত হাব এ গত ১৭ মে অনুষ্ঠিত কালচারাল ফুড ফেস্টিভ্যালে হাজার হাজার মানুষ যোগ দিয়েছিলেন।

এই উৎসবে ইন্ডিয়া, শ্রীলংকা, থাইল্যান্ড এবং ইতালি সহ সারা বিশ্বের বিভিন্ন দেশ ও কমিউনিটির মুখরোচক খাবার দাবারের স্বাদ গ্রহণ করেন লোকজন।

কুইন মেরি ইউনিভার্সিটির দুই জন শিক্ষার্থীর ‘সায়োল্যানশন’ স্টলে শিশুদের জন্য ছিলো মজাদার ডেজার্ট। লিকুইড নাইট্রোজেন দিয়ে হাতে তৈরী আইসক্রিম খেয়ে বাচ্চারা বিমোহিত হয়েছিলো।

Summer fun in Victoria Park – pages 18 & 19



ScienceNation chefs made ice cream using liquid nitrogen

প্রচুর চর্বিযুক্ত খাবার খাওয়ার পর সব বয়সী ভিজিটররা বলিউড ডান্স ওয়্যাকশপে যোগ দিয়ে কিছুটা ক্যালরি পুড়ানোর সুযোগও পান।

একজন বাসিন্দা বলেন, গোটা উৎসবটাই ছিলো আনন্দময়। মুখরোচক খাবারের বিপুল সমাহারের পাশাপাশি সায়োল্যানশন আইসক্রিম

মেকিং ছিলো অনেক শিক্ষামূলক।

গৃহহীন লোকজন যাতে করে পুণরায় তাদের জীবনকে গোছাতে পারে, সেজন্য তাদের সহযোগিতার লক্ষ্যে তহবিল সংগ্রহের উদ্দেশ্যে আগামী ২৫ মে চ্যারিটি সংস্থা দ্যা বিগ ইস্যু এর উদ্যোগে অনুষ্ঠিত হবে দ্যা বিগ নয়েজ

ফেস্টিভ্যাল।

টাওয়ার হ্যামলেটসে কোথায় কোন্ ধরনের ফেস্টিভ্যাল, ইভেন্টস্ হবে, সেসম্পর্কে যাবতীয় তথ্য জানতে হলে www.towerhamlets.gov.uk/arts এই ওয়েবসাইট ভিজিট করতে অনুরোধ করা হয়েছে।

হাফ টার্মে শিশু-কিশোরদের জন্য কাউন্সিলের নানা কার্যক্রম

Plenty going on to keep boredom at bay this half-term – pages 10 & 11



Prince Harry at the opening of the Queen Elizabeth Olympic Park in April

মে মাসের হাফ টার্মের স্কুল হলিডের সময় বারার শিশু কিশোরদের ব্যস্ত রাখতে টাওয়ার হ্যামলেটস্ কাউন্সিল বিভিন্ন ধরনের ফ্রি কর্মসূচি ও অনুষ্ঠানের আয়োজন করেছে।

যারা এখনো কুইন এলিজাবেথ অলিম্পিক পার্ক ঘুরে দেখার সুযোগ পায়নি, তারা ২৮ ও ৩০ মে পার্কের সাউথ লানে গিয়ে পার্ক পরিদর্শনের পাশাপাশি বিভিন্ন খেলায় অংশ নেয়ার আনন্দ

উপভোগ করতে পারবে।

‘এক্টিভ পিপল, এক্টিভ পার্ক’ কর্মসূচির অংশ হিসেবে অলিম্পিক পার্ক কর্তৃপক্ষ অলিম্পিক হোস্ট বারারগুলোর সহযোগিতায় সকল বয়সীদের

ঐকতান

Send your Bengali and Somali news to Harmony, East End Life, Town Hall, 5 Clove Crescent, Poplar E14 2BG.

7364 4944

News in brief

বিএমএক্স সাইকেল চালাতে

নতুন কৌশল শিখুন

টাওয়ার হ্যামলেটস বিএমএক্স ক্লাবের সাথে সহযোগিতায় ৫-১৬ বছরের তরুণদের জন্যে বিএমএক্স সাইকেল চালানোর নতুন কৌশল শেখানোর জন্যে সেশন পরিচালনা করা হবে।

২৭ মে মঙ্গলবার ও ৩০শে মে শুক্রবার সকাল ১০টা থেকে ৫-১০ বছর বয়সীদের জন্যে এবং সকাল ১১.৩০ টা থেকে ১১ থেকে ১৬ বছর বয়সীদের জন্যে বার্ডেট রোডস্থ মাইল এন্ড প্যাকে-র বিএমএক্স ট্র্যাকে ওয়্যাকশপ অনুষ্ঠিত হবে।

আসন সীমিত, তাই অগ্রিম বুকিং এর জন্যে অনুরোধ জানানো হয়েছে। যোগাযোগ করার ফোন নম্বর ০২০৭ ৩৬৪ ২৪৩৩ এবং ই-মেইল pauline.stuart@towerhamlets.gov.uk। এ ব্যাপারে আরো বিস্তারিত জানার জন্যে www.towerhamlets.gov.uk এই ওয়েবসাইট ভিজিট করার জন্যে অনুরোধ করা হয়েছে।

ফ্ল্যাট উদ্ধার করলো

পপলার হারকা

গোপন সূত্রে পাওয়া তথ্যের ভিত্তিতে জালিয়াতমূলকভাবে প্রাপ্ত একটি ফ্ল্যাট ভাড়া-টের দখল থেকে ফিরিয়ে আনা হয়েছে। উক্ত বাসিন্দা ফ্ল্যাটটি ক্রয়ের জন্য রাইট-টু-বাই এপ্রিকেশন করেছিলেন। কিন্তু তিনি এতে বসবাস না করে আরেকটি ফ্ল্যাটে বসবাস করতেন। এই তথ্য পেয়ে পপলার হারকা অনুসন্ধান চালায় এবং উক্ত ব্যক্তি অন্য একটি ঠিকানায় বসবাস করছেন বলে প্রমাণ পায়। পরে অফিসাররা সকল প্রমানাদি সহ তাকে চ্যালেঞ্জ করলে, সে ফ্ল্যাটের চাবি হস্তান্তরে বাধ্য হয়।

এ ব্যাপারে আইনী পদক্ষেপ নিতে পপলার হারকার হাউজিং এখন কাউন্সিলের ফ্রড টিমের সাথে কাজ করছে।

লার্ক কমিউনিটি গার্ডেনের উদ্বোধন ২৮ মে

বেথনাল গ্রীণের অফ ভাইনার স্ট্রিটে অবস্থিত লার্ক কমিউনিটি গার্ডেনে আনুষ্ঠানিক উদ্বোধনী অনুষ্ঠানে যোগ দিতে স্থানীয় বাসিন্দাদের আমন্ত্রণ জানানো হয়েছে।

২৮ মে, বুধবার সকাল ১০টা থেকে বেলা ২টা পর্যন্ত উদ্বোধনী অনুষ্ঠানে পরিবারের সবার জন্য থাকবে বিনোদনপূর্ণ নানা আয়োজন।

এতে পুণঃ ব্যবহার উপযোগী সামগ্রী বিনিময়ের ব্যবস্থা থাকবে। যেমন, পরিধেয় বস্ত্র, ডিজিডি, বই, জুতো, খেলনা ইত্যাদি একজন আরেক জনের সাথে বিনিময় করতে পারবেন। তবে সব কিছু যেন অবশ্যই পরিষ্কার ও ব্যবহার উপযোগী থাকে, তা নিশ্চিত করতে হবে।

রোজার আগেই ধূমপান

পরিত্যাগ করুন

আসন্ন রোজার মাস শুরু হতে আগেই ধূমপানের অভ্যাস পরিত্যাগে স্থানীয় মুসলিম ধূমপায়ীদের উদ্বুদ্ধ করতে বিশেষ কর্মসূচি গ্রহণ করা হয়েছে। বিশ্ব স্বাস্থ্য সংস্থার উদ্যোগে সারা বিশ্বে আগামী ৩১ মে পালিত হবে বিশ্ব ধূমপান মুক্ত দিবস। এই দিবসকে সামনে রেখে গৃহিত কর্মসূচি অনুযায়ী ২৮ মে বুধবার বেলা ২-৪টায় ওয়াটনী মার্কেট আইডিয়া স্টোর, এবং ৩০ মে শুক্রবার ১.৪৫ - ২.৩০টা পর্যন্ত ইস্ট লন্ডন মসজিদ, ও ১২.৩০টা থেকে ২.৩০টা পর্যন্ত ফোর্ড স্কোয়ার মসজিদে ধূমপান পরিত্যাগের পরামর্শ প্রদানের জন্য ড্রাম-ইন সেশন অনুষ্ঠিত হবে।

■ The above stories are: learn new BMX tricks – page 36; flat re-possession – page 25; Lark Row community garden opening; quit tobacco for Ramadan – page 14.

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – WITAN STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets proposes to make an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriageway in Witan Street between its junction with Coventry Road and its junction with Herald Street.

The restriction on vehicular traffic will enable essential rail-track bridge inspection and minor repairs to be carried out on the public highway by J. Murphy & Sons.

The alternative route for vehicular traffic will be via Witan Street, Coventry Road, Three Colts Lane and Herald Street and vice versa.

The restriction on vehicular traffic will operate from Monday 16th June 2014 to Saturday 28th June 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Charlie Harrison, Network Coordinator, Transport and Highways on 020 7364 6671 or email, charlie.harrison@towerhamlets.gov.uk

Dated: 26th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

With the mercury rising, residents and visitors can make the most of the s

Summer i



Children watch fascinated as ScienceNation chefs make ice cream by using liquid nitrogen

VICTORIA Park, the borough's flagship open space, boasts 86 hectares of lush greenery.

And after a £12 million revamp in 2012, it was in Olympic award-winning form, picking up the People's Choice Award for best park in London the same year.

It has been used by millions of Londoners for nearly 170 years as a place of healthy recreation, sports, play and relaxation.

Known locally as the People's Park, it was created specifically to address the health needs of the community.

The park hosts a wide range of formal and informal sports, sponsored activities, events and festivals throughout the year.

Last weekend alone the park hosted a cultural food festival on Saturday, May 17, followed by a live concert on the bandstand on Sunday.

Hundreds of visitors flocked to the food festival held in the Hub on the east side of the park where they had the chance to sample an array of tasty treats as foods from all over the world were on offer, including dishes from India, Sri Lanka, Thailand and Italy.

Those with a sweet tooth were not left disappointed as delicious desserts were provided by ScienceNation – a local business set up by two students from Queen Mary, University of London.

The chefs showed how they made ice cream by using liquid nitrogen.

After the luscious dishes, visitors young and old were able to burn off the calories during a Bollywood dance workshop in the park.

One happy visitor, Goulshana, said: "A fabulous event! Excellent food and the ScienceNation ice cream making was very educational."

On May 25, national charity The Big Issue was due to be hosting The Big Noise Festival to raise funds to support homeless people rebuild their lives and an array of other events are planned over the summer.

The full programme is at www.towerhamlets.gov.uk/arts

(Right) A young Bollywood dancer joins in the workshop



(Left) Maya, 4, in her Bollywood dance outfit

(Clockwise from above left) Theresa, 11, and Mercy, 12; mum Goulshana feeds Tahir, aged 9; Hannah, 4, tries h at cooking with the chefs; young visitors wait patiently for their ice cream

Summer sunshine and see what is on offer at parks across Tower Hamlets in the city



Hackney Secular Singers



THERE was entertainment for people with various musical tastes as Victoria Park Friends Group hosted the first of this year's Summer on the Bandstand concerts.

Bongo Barney's Bandstand Barnstormer, led by Friends Group member and local resident Barnaby Green, featured seven acts, which kept the crowds entertained. Performers included alternative country rock band The Medicine Show, Steve Solo, who sang blues and reggae hits, and J Eoin rendered a folk song about living in a squat.

Summing up the event, Barnaby said: "On the first true day of summer, families enjoyed a wide variety of music from choirs to individual singer songwriters and three fabulous bands."

The Victorian bandstand is an original feature of Victoria Park and is on the eastern side near Crown Gate.

On the weekends this summer, it will showcase some of the finest musical talent from the local community.

Richard Desmond, chair of Victoria Park Friends Group, said: "Our first bandstand concert of the summer season was a really lovely day. We had a good crowd and the weather was great."



(Left) Steve Solo and Marc Oliver performed at Bongo Barney's Bandstand Barnstormer



What's on in the borough's parks

Field Day

Two-day 'leftfield' music festival, headlined by Pixies. Victoria Park. Sat & Sun, Jun 7 & 8

Pavee Ceilidh O Baro Dives

Live music from Gypsy, Roma and Traveller musicians. Mile End Park. Sat, Jun 14. 12-4pm

Safe House

Gravity-defying aerial performances, part of the Greenwich+Docklands Festival. Mile End Park. Sat, Jun 21. From 10pm

Boishakhi Mela

Celebration of the Bengali New Year with music and dance. Victoria Park. Sun, Jun 22

Summer Fair

Celebration of woodland crafts and local heritage. Tower Hamlets Cemetery Park. Sat, Jun 28. 11am-4pm



er hand



Bollywood dance workshop

Child's play

Andrew Weale's The Spooky Spooky House won the 2013 Red House Children's Book Award.



The waiting continues

Samuel Beckett (left) was awarded a Nobel Prize for Waiting for Godot, which debuted in Paris in 1953 and is considered by many to be one of the most significant plays of the 20th century.

Out & about guide

What's on where this week

Art

The East London Group of Artists from Bow to Biennale c.1928-1936

Working class artists who flourished during the inter-war years. Free. Until July 13. Tues-Sun, 10am-5pm. The Nunnery, 181 Bow Road, E3.

David Salle

Final week of solo exhibition by the poster boy of postmodernist style, who hails from New York. Salle's work explores the relationship between painting and cinema.

Until Sun, Jun 1.

Maureen Paley Gallery, 21 Herald Street, E2.

www.maureenpaley.com/

Cinema

15th Rainbow Film Festival

The international screenings, organised by Rainbow Film Society, come to three E1 picturehouses and features shorts, full-length movies and documentaries. Highlights include Iranian film Hush... Girls Don't Scream; Iraqi picture Where is

the Land; and OASS (The Dew Drop), from India. Prices vary.

Until Sun, Jun 1.

Various times at Genesis Cinema (Mile End Road), Brady Arts Centre (Hanbury Street), Tarling Centre (Shadwell).

7247 4224

rainbowsfs@aol.com

Clubs

Com Truise

Synth-heavy electronica star Com Truise headlines The Playground, an electro-leaning bash at Spaces, the Hackney Wick arts space. Support on the night includes Overwerk and Saint Pepsi. £13.50-£15.

Sat, May 31. 10pm.

Shapes, 117 Wallis Road, E9.

www.shapeshackney.com

Kids

Dinosaur Doo with Andrew Weale

Award-winning children's author hosts a bank holiday afternoon of dinosaur-related fun and games,

Graduate Fashion Week

The four-day event returns this Saturday, May 31 when fashionistas from universities across the globe are set to take part in 21 catwalks, along with exhibitions and talks with industry experts including Hilary Alexander.

To buy tickets for the shows see www.gfw.org.uk/tickets/catwalk or for the full catwalk schedule, visit www.gfw.org.uk/aboutgfw/schedule/ Old Truman Brewery, Brick Lane, E1. Pictured is a design by Lauren Smith who won last year's George Gold Award for best collection



including a quiz and the chance to make dinosaur poo cupcakes. Ages 4+. £5 adult/child, £18 family of four. Mon, May 26. 2.30pm. Discover Children's Story Centre, 383-387 High Street, E15.

Theatre

Waiting for Godot

Revival of Samuel Beckett's existential masterwork featuring a curious casting of twenty-somethings Tom Stourton and Tom Palmer as the elderly homeless leads Vladimir and Estragon. £16-20. Until Sat, Jun 14. Mon-Sat, 7.30pm. Sat matinees 2.30pm. Arcola Theatre, 24 Ashwin Street, E8. 7503 1646.

Romeo and Juliet

Shakespeare's classic love tale is led by Off West End nominated director Amber Elliott. £12/£10. Until Sat, May 31, 7.30pm. Sat matinee 2.30pm. The Space, 269 Westferry Road, E14. 7515 7799

Parent & child

Dance play

Dance and movement, songs and rhymes for parents/carers and their children aged 1-5 years. Weds, 10.30-11.30am, term-time only. Cost £2 per child (in adv) or £3.50 drop-in rate, discounts available. Language of Dance Trust, Oxford House, Derbyshire Street, E2.

7749 1131

Island Tots

For childminders, parents and kids ages 0-4. Mon-Fri, 1-3pm, term-time. 55 Club, Samuda Estate, Stewart Street, E14. 7538 3292

Toyhouse library

Mons, 1.30-3.30pm, Halley Primary School, Halley Street, E14. Tues, 2-3.30pm, Cayley School, Aston Street, E14. Weds, 9.20-10.45am, Harry Roberts Nursery, Harford Street, E1.

1-2pm, TH Opportunity Playgroup, 583 Commercial Road, E1. 9-11am, Old Church Nursery, Walter Terrace, E1. 9-11am, Alice Model Nursery School, 14 Beaumont Grove, E1.

Yoga for pregnancy and mums and babies

Pregnancy class suitable from 14 weeks. Mums and babies classes suitable from six weeks until baby is crawling. 07958 645978

Social

3 Bees Café

Healthy vegetarian and fish dishes for just £3. Tuesdays, 4-8pm. Kingsley Hall Community Centre, Powis Road, E3. 07501 468 193

Birchfield OAPs club

Mon-Fri, 7-9.30pm; Weds, 1-4pm. 50 Saltwell Street, E14.

Fern Street Settlement Club

Fern Street, E3. 7987 1949

Golden Ladies

Bingo and social. Weds, 2-4pm. Isle of Dogs Bowls Club, Millwall Park, E14. 7987 6824

Little Spitz under-5s playgroup

Sun, 10am-12pm, 50p. Tours and stories. Spitalfields City Farm, Buxton Street, E1. 7247 8762

Tower Hamlets U3A

Tower Hamlets University of the Third Age offer courses for

over-50s to learn tai chi, jazz appreciation, art appreciation, history walking and more. £10 yearly membership. Various days and times. St Margaret's House Settlement, 21 Old Ford Road, E2. 7247 4283

Sport & leisure

Back to netball

Weekly sessions. £1.10. Tues, 6pm. John Orwell Sports Centre, Tench Street, E1W. 07914 685261

Cricket coaching

Under-11s and under-13s – Weds, 4-5.30pm; under-16s – Tues, 4.30-6pm; ages 16+ – Thurs 5-8pm. Dockland Settlements, 197 East Ferry Road, E14.

Docklands women's running group

Mon, 6.30pm. Mile End Stadium, Rhodeswell Road, E14. 07958 368070

Football training

Every Sat, 9-11am for boys and girls aged 5-11, Mulberry School

for Girls, Richard Street, E1; 12-1pm for boys and girls aged 3-5. St Patrick's School, Dundee Street, E1W. 07956 095218

Kibondo

Martial art for ages 6 & over. Mon, 6.30-8pm, all ages; Fri, 7-8.30pm, seniors & adults. £4 adults, £3 children, first lesson free. Teviot Centre, Wyves Street, E14. 07956 428654

Kickboxing and self-defence

£5 per class. Suns, 1pm; Tues, 7pm (women only). Whitechapel Sports Centre, Durward Street, E1. 07952 872362

Chi Kung

Ancient Chinese exercise Mon, 6.30-8pm. Sundial Centre, 11 Shipton Street, E2. 07905 098413

Kung fu fitness

Mons 7-9pm. Bryant Street Methodist Centre, Stratford, E15. 07950 637345

Thinking, Talking, Shaping...

THE GOODSYARD

See the Final Masterplan exhibition for The Goodsyrd site, before the proposals are submitted for planning. The exhibition will focus on key topics that have received most community interest throughout the consultation process.

Please do come along to see the proposals, talk to the team and let us know your thoughts. ALL WELCOME.



020 7729 1705
team@thegoodsyardlondon.co.uk

COME AND SEE THE FINAL MASTERPLAN

DROP-IN EXHIBITIONS

at The Goodsyrd Marquee, opposite Shoreditch High Street Station entrance, Brithwaite Street, E1 6GJ

Fri 6th June, 11am – 5pm

Sat 7th June, 11am – 5pm

Tues 10th June, 2pm – 8pm

www.thegoodsyardlondon.co.uk



Anxiety Arts Festival London 2014

The Barbican is hosting films which deal with how anxiety is portrayed on screen. The first is the 1926 Alfred Hitchcock classic *The Lodger* (left) on June 1, featuring a live musical accompaniment.

WWW.ANXIETY2014.ORG



Pop Up Africa

Follow Africa at Spitalfields on Facebook for daily updates.

Out & About

African adventure comes to Spitalfields

AFRICA at Spitalfields returns for a second year this bank holiday Monday.

The day-long bonanza, hosted by Pop Up Africa, is a celebration of all things African through the best of 54 countries' music, food, fashion, art, dance, games and more.

African dancers, Djembe drummers, live acoustic music and traditional storytelling are some of the artis-

tic elements of a day that organisers hope will bring together communities across London to celebrate the continent.

The indoor east London market opens its doors at 10am to African-inspired produce – including street foods in some of the 120 stalls expected to pitch up.

Other stands will feature clothing, handmade crafts, interiors, carvings and books.

The family-friendly event will also include face painting and African-inspired games.

Africa at Spitalfields is a free event running from 10am-4pm on Monday, May 26 at Spitalfields Market, Brushfield Street, E1.

For details call 07946 736292, email info@africa-spitalfields.co.uk, follow on Twitter @AatSpitalfields, or visit Africa at Spitalfields' facebook page.

Performance and paranoia – art tackles our deepest fears

BY JAMES MARTIN

A NEW show promises to probe some of our deepest anxieties when it opens in Hackney Wick this week.

The Manual Oracle, an artistic project developed with mental health professionals and patients, deals with such topics as paranoia, self-consciousness, racist xenophobia and surveillance culture.

The inspiration behind the production is what is considered one of the world's earliest self-help books, *Manual Oracle*, a 17th century guide for surviving the intrigues of court by Spanish Baroque writer Baltasar Gracián.

The performance, at the Yard Theatre, is directed and adapted by Phoebe Von Held and features a mix of sound, installation and acting.

She said: "Society is presented as a dangerous place where we must be



constantly on the watch. In today's culture, which is obsessed with surveillance, self-representation and manipulation, I think that Gracian resonates very strongly."

But it's not all doom and gloom: "There is also a lot of humour in our on-

going efforts of presenting ourselves to our fellow human beings in the most favourable light; in our attempts to watch ourselves and see beyond the masks of other people," added Von Held.

The Manual Oracle is one of a month-long run of special events for Anxiety

A scene from the Manual Oracle

Arts Festival 2014, a London-based series that explores how the concepts of anxiety are lived, perceived and represented.

Taking place throughout June, the anxiety-related shows are curated by the Mental Health Foundation and includes a series of films at the Barbican, the first of which is Hitchcock's *The Lodger* on Sunday, June 1.

The Manual Oracle runs at The Yard Theatre, Queen's Yard, Hackney Wick, E9 from Tuesday, May 27 until Saturday, June 14.

Tickets for the show, which start at 8pm, cost £12 (£5 concessions) while two preview shows on Tuesday and Wednesday, May 27 & 28, are priced £5/£12.

They can be purchased online at www.theyardtheatre.co.uk

To find out more about Anxiety Arts Festival 2014, see www.anxiety2014.org

What we saw this week

An occasional column about arts events taking place across Tower Hamlets

Run & Jump

BY JAMES MARTIN

A NEW acclaimed film from Ireland landed on these shores during the week and *East End Life* caught a preview screening.

Run & Jump, set in small-town Kerry, centres on a young family struggling to adapt to life after head of the house Conor (played by Edward MacLiam) returns home having suffered a personality-changing stroke at the age of 38.

An American neuropsychologist has also arrived



for a two-month stint to record the transition of Conor as he tries to adapt back into society.

Ideas around family – specifically the role of the father – and loyalty are two big themes and wob-

bly, home-shot camera scenes feed into what is an edgy yet engaging movie.

However it's the woman of the house, Vanetia (played by an entirely convincing Maxine Peake), who steals many of the scenes as the character plays her new role with aplomb: the matriarchal saviour who has to come to terms with a husband who will "never return to his old self".

If carrying the family weren't enough, Vanetia soon meets with a similarly challenging task of dealing with fledgling emotions for the dishy doctor who has come to stay.

Run & Jump is directed by Steph Green and stars Peake, MacLiam, Will Forte and Sharon Horgan.

The film runs at Genesis, Mile End Road, E1 at 12.20pm daily until Tuesday, May 27.

Verdict: Thumbs up

News in brief

Half-term courses

YOUNGSTERS have no reason to be bored this half-term with the news that the youth charity Futureversity is offering a range of free courses for those aged 11 to 25.

Activities on offer include driving theory, cake making and decorating, food hygiene, first aid at work and public speaking.

Details for all courses can be found at www.futureversity.org/course_listing.aspx

You can also sign up at Futureversity's offices at 24-26 Fournier Street, Spitalfields or by calling 7247 7900.

Prize shortlist is announced

TOWER Hamlets artists are among the finalists shortlisted for this year's inaugural East London Painting Prize.

A total of 43 new and established artists from across east London have made the last stage of the award, the winner of which is set to be announced this Tuesday, May 27.

The nine artists from Tower Hamlets in the running for the £10,000 prize are Mark Beldan, Anna Freeman-Bentley, Lewis Hammond, Dominic Kennedy, Eleanor Moreton, Alice Peillon, Lucia Vera, Ben Walker and Emily Wolfe.

As well as the cash, the winner of the prize, created by The Legacy List, will hold a solo show at Nunnery Gallery in Bow later in the year.

Shortlisted works went on display in Stratford last week. Members of the public can view the works until June 1 for free, daily from 11am-6pm, at Strand East, 1 Sugar House Lane, E15.

Perry to rock the O2

POPSTAR Katy Perry is about to embark on a string of dates in north Greenwich this week.

The shows run at the O2 from Tuesday, May 27 until Saturday, May 31.

Swedish duo Icona Pop are supporting.

To enquire about tickets, call 8463 2000.



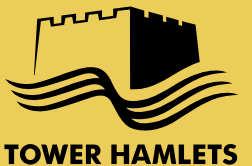
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For more information, and to find out what childcare is available in the borough, call the Family Information Service on **020 7364 6495** or go to **www.towerhamlets.gov.uk/Learning2**



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Eating out, eating in

Hipster joint delicious but a tad too pricey

BY GORDON BLUE

THE Hoi Polloi just oozes hipness in its very fabric. So cool that you don't even know how to get into the joint (we eventually worked it out, it's through the flower shop next to the hotel).

My dining partner is already in his element as the music is all British and from the 80s and beyond, meaning dinner turns out to be a PopMaster quiz with food.

If the devil really is in the detail, then I can reveal Satan is a hipster: David Mellor cutlery and Alessi glassware, everything you touch gently whispers 'you can't afford me'.

This is wasted on the Silver Fox who compares the carefully designed Nordic interiors with the Crossroads reception circa 1969. I, however, was lapping up the perfect cool interiors paired with the beautiful people sliding in and out like swans.

The food is not in the usual menu format, but that of a local paper. Twelve pages describe and overlap options of breakfast, dinner, brunch, afternoon tea, cocktails and supper. It would be tempting just to take up permanent residency if it weren't for the pesky issue of money.

And this is a bit of an issue, everything is just a tad too expensive, sometimes by a matter of a few pounds, but that soon adds up. For starters we had the reasonably priced



If the devil's in the detail, then Satan is a hipster

thousand layer potatoes with anchovy cream (£4) and taramasalata, fennel and rye bread (£5).

It is a well-established fact that if I had to eat just one thing it would be chips. Okay, or garlic bread. But probably chips as they just cannot be bettered. Well, the thousand layer potato begs to differ and I would come back here time and again just for this: but-tery, creamy carbed heaven, a little like gratin dauphinois but in chip form for ease of (heavy) consumption.

The taramasalata was also superb in its glossy creaminess, and punctuated by the acidity of fennel with caraway seeds.

Mains were plaice with squid and asparagus (delicious, erring on the small side

but perfectly filleted and artistically presented) and squash, sage and potato dumplings (the most interesting vegetarian dish I've had for a while).

No need for pudding as we'd accidentally eaten our own body weight in delicious artisan bread at the beginning.

Two courses, twinned with a delicious sauvignon carafe, came in at just over £60 including service, bread and water.

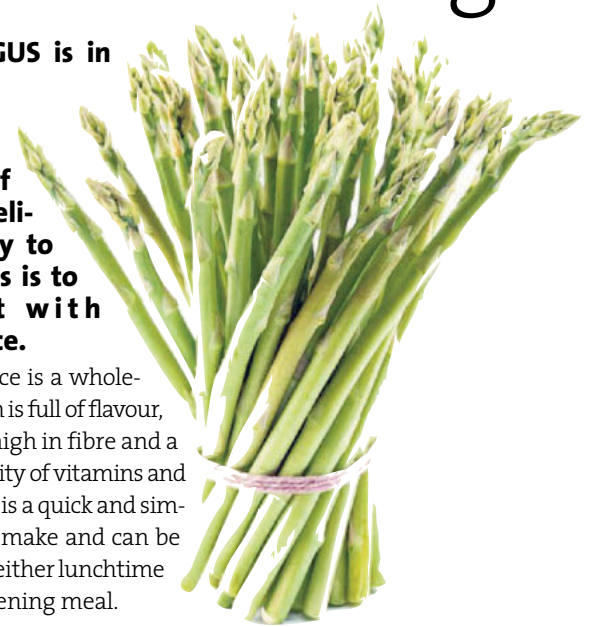
The food is impressive as you'd expect from the minds of Bistrottheque, and I think this is definitely worth a visit but as a treat and ideally more of a group than a date setting (if you can find it!).

Hoi Polloi is at Ace Hotel, 100 Shoreditch High Street, E1. Tel: 8880 6100.

Season's eatings

ASPARAGUS is in season during the month of May, a delicious way to enjoy this is to cook it with brown rice.

Brown rice is a whole-grain which is full of flavour, as well as high in fibre and a good quantity of vitamins and minerals. It is a quick and simple dish to make and can be enjoyed at either lunchtime or as an evening meal.



Asparagus rice – serves 2

Ingredients

1 tbsp rapeseed/groundnut/sunflower or other good quality vegetable oil
2 cloves crushed garlic
1 medium chopped onion
1 vegetable stock cube

200g/7oz brown Basmati rice, washed and drained
400ml/14fl oz water
1 bunch finely chopped asparagus
1 tbsp olive oil for dressing

Method

1. Heat oil in a deep saucepan. Add the chopped onion and fry for approx 3 minutes until slightly golden and until softened.
2. Add rice and cook, stirring constantly, for 2-3 minutes.
3. Add vegetable stock cube and crushed garlic, bring to the

boil, reducing heat and simmer for 15 minutes.
4. Add chopped asparagus, simmer for a further 20 minutes, or until the rice is cooked through and tender.
5. Drizzle olive oil on top of each portion.



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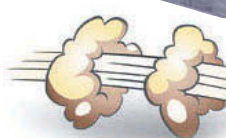
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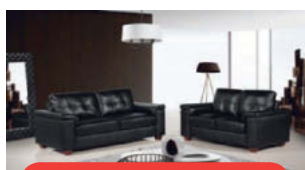
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A first step

A Nightstop placement can be one night or up to two weeks and can help a young person out of homelessness.

WWW.DEPAULNIGHTSTOPUK.ORG

Property

East Village managers win national awards

BY JESSICA ODUBAYO

NEARLY two years after the departure of the world's athletic elite from the Olympic Park, celebrations of a different kind have been held in honour of the venue.

The management company behind East Village was named property newcomer of the year at this year's Property Week RESI awards, which celebrate excellence in residential property.

Get Living London was recognised for its innovative approach to providing rental accommodation at the former Athletes' Village in the Olympic Park.

The Olympic Delivery Authority handed over the first homes to Get Living London in November 2013 and the company has added the finishing touches to the properties, for example, installing wardrobes and fitting curtains and blinds, before the first residents moved in a year later.

All homes are available to rent with long-term tenancies of one to three years and with the flexibility of resident-only break clauses. Derek Gorman, chief executive of Get Living London, said: "From Athletes'



The former Athlete's Village is now a fully functioning residential estate



Village to new homes for Londoners – East Village is the first of its kind.

"We are delighted to be named development of the year as well as property newcomer

of the year at this year's prestigious RESI awards."

East Village was also named development of the year at the awards.

Delancey, one half of the joint

venture that owns Get Living London with Qatari Diar Real Estate Development Company, was also celebrating as founder and chief executive, Jamie Ritblat, won the personality of the year award.

More information about Get Living London's new homes is available at www.getlivinglondon.com or by calling 3701 7900.

Along with the private rental homes, a range of shared ownership, intermediate rent and social rent homes are also available in East Village through Triathlon Homes.

News in brief

Flat taken from Right-to-Buy cheat

A FLAT re-possessed from a tenant who admitted a fraudulent Right-to-Buy application has been made available to a family on a housing association waiting list.

Acting on an anonymous tip-off, officers from Poplar Harca investigated and tracked down the tenant to another address.

When confronted with the evidence, the tenant handed back the keys to the property.

Poplar Harca's housing team worked with the council's fraud team, which is now considering a criminal prosecution.

Mark Coleman, head of housing, said: "Not only has Poplar Harca saved the public purse the £100,000 right-to-buy discount, a family in desperate need of a home will now have somewhere secure to live.

"I'd like residents to get as angry as we do and report suspicions."

Prize pie party

RESIDENTS of Robin Hood Gardens in Poplar enjoyed a free pie party after one of them won a competition.

Alexandra Effe, a member of neighbourhood sharing project Streetbank, entered a competition by sharing plans for a street party to bring the community together.

She was one of five prize-winners and the Robin Hood Gardens Streetie-Pie Party went

ahead last Saturday, May 17.

Alexandra said: "We had a wonderful afternoon of neighbours coming together, sharing food and time. To go with the delicious pies and food provided by residents, we brought along a selection of colourful hoops – for some first time and some more advanced attempts at hula hooping!"

The pies were donated by Hig-gidy which has been working with Streetbank.

Share your spare

PEOPLE with a spare room are being asked to consider opening the doors of their home to provide a safe place for a young homeless person to stay.

Nightstop London, a service for vulnerable young people who desperately need somewhere to stay at short notice, is seeking community volunteers who can host a person who may have been forced to leave home due to family and relationship breakdown, violence or other problems.

Hosts are offered financial support to cover expenses and there is emergency 24-hour support for both the hosts and the young person. Volunteers go through an extensive vetting process to make sure they are suitable.

For more information about Nightstop visit www.depaulnightstopuk.org

If you are interested in volunteering as a host, email Yvonne Jones at yvonne.jones@depauluk.org



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Accessible Category F
SHAFTESBURY LODGE, UPPER NORTH STREET, E14
Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted . Heating & Hot water included in charges

Eligibility : Min Client Age 60

£173.98, Weekly - Social Rent
Landlord: Sanctuary HA

Property Ref: 29964



SHELTERED
Accessible Category F
SHAFTESBURY LODGE, UPPER NORTH STREET, E14
Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Residents parking scheme • Pets not permitted . Heating & Hot water included in charges . Raised WC seat . Low & rise bath chair

Eligibility : Min Client Age 60

£173.98, Weekly - Social Rent
Landlord: Sanctuary HA

Property Ref: 29965



SHELTERED
Accessible Category E
MANDELA HOUSE, VIRGINIA ROAD, E2
Flat • 1 Bed 2 Person • Ground Floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

Eligibility : Min Client Age 60

£185.66, Weekly - Social Rent
Landlord: Gateway Housing Association

Property Ref: 29931



OVER 50's
Accessible Category F
FRASER COURT, FERRY STREET, E14
Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

Eligibility : Min Client Age 50

£116.39, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 29928



OVER 50's
Accessible Category F
FRASER COURT, FERRY STREET, E14
Flat • 1 Bed 2 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • GCH • No garden • Off street parking, Permit parking • Pets not permitted

Eligibility : Min Client Age 50

£0.00, Rent to be advised
Landlord: East Thames Group

Property Ref: 29975



BEDSIT SELF-CONTAINED FLAT
Accessible Category F
ST GILLES HOUSE, MACE STREET, E2
Flat • 0 Bed 1 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£96.23, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29972



BEDSIT SELF-CONTAINED FLAT
Accessible Category F
RAPLEY HOUSE, TURIN STREET, E2
Flat • 0 Bed 1 Person • 4th floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£101.67, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29955



BEDSIT SELF-CONTAINED FLAT
Accessible Category G
HECTOR HOUSE, OLD BETHNAL GREEN ROAD, E2
Flat • 0 Bed 1 Person • 1st floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£105.12, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29944



BEDSIT SELF-CONTAINED FLAT
Accessible Category F
BLYTHENDALE HOUSE, MANSFORD STREET, E2
Flat • 0 Bed 1 Person • 3rd floor • Separate kitchen • Two lifts • Bathroom with W/C • GCH • No garden • Pets permitted

£95.86, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29971



1 BEDROOM
Accessible Category F
ELLEN STREET, E1
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£124.39, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29957



1 BEDROOM
Accessible Category F
SIEGE HOUSE, SIDNEY STREET, E1
Flat • 1 Bed 2 Person • 6th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Pets permitted

PREFERENCE TO HOUSING MOVES APPLICANTS

£111.67, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29954



1 BEDROOM
Accessible Category F
WINTERTON HOUSE, DEANCROSS STREET, E1
Flat • 1 Bed 2 Person • 11th floor • Separate kitchen • Two lifts • Entryphone • Bathroom with W/C • Electric radiators • No garden • Residents parking scheme • Pets not permitted . Concierge

£136.87, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29942



1 BEDROOM
Accessible Category F
SIMMONS HOUSE, TURIN STREET, E2
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£109.48, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29947



1 BEDROOM
Accessible Category F
MENOTTI STREET, E2
Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Pets not permitted

£106.33, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29963



1 BEDROOM
Accessible Category G
SONNING HOUSE, PALISSY STREET, E2
Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • Electric storage heater • No garden • Pets not permitted

£123.48, Weekly - Social Rent
Landlord: Providence Row HA

Property Ref: 29941



1 BEDROOM
Accessible Category F
VERITY HOUSE, MERCHANT STREET, E3
Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets with landlords permission

£117.83, Weekly - Social Rent
Landlord: EastendHomes

Property Ref: 29958



2 BEDROOMS
Accessible Category F
CORRINGHAM HOUSE, PITSEA STREET, E1
Flat • 2 Bed 4 Person • 5th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£115.91, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29939



2 BEDROOMS
Accessible Category F
BROMLEY STREET, E1
House • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • Private garden • Pets permitted

£118.28, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29927



2 BEDROOMS
Accessible Category F
WINTERTON HOUSE, DEANCROSS STREET, E1
Flat • 2 Bed 4 Person • 4th floor • Separate kitchen • Two lifts • Bathroom with W/C • Electric radiators • No garden • Residents parking scheme • Pets not permitted . Children must be 10 years & over

£151.27, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29953



2 BEDROOMS
Accessible Category G
ALDERNEY ROAD, E1
Maisonette • 2 Bed 4 Person • Ground Floor • Open plan kitchen • No Lift • Separate Bathroom and W/C • GCH • No garden • Pets not permitted . Charges to be advised . Steps up to the front entrance door

£126.17, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29929



2 BEDROOMS
Accessible Category F
SOLWAY HOUSE, ERNEST STREET, E1
Flat • 2 Bed 4 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£127.61, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29970



2 BEDROOMS
Accessible Category E
WATERVIEW HOUSE, CARR STREET, E14
Flat • 2 Bed 4 Person • 6th floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£118.29, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29956



2 BEDROOMS
Accessible Category G
DARTMOOR WALK, E14
Flat • 2 Bed 3 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

£137.80, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29949



2 BEDROOMS
Accessible Category G
SHERWOOD GARDENS, E14
Flat • 2 Bed 4 Person • 6th floor • Open plan kitchen • One lift • Bathroom with W/C • GCH • No garden • Pets not permitted

£139.55, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29932



2 BEDROOMS
Accessible Category F
OFFENBACH HOUSE, MACE STREET, E2
Flat • 2 Bed 4 Person • 3rd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets permitted

£121.51, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29935

For more detailed information about the following adverts please visit the Homeseekers website at www.thhs.org.uk



2 BEDROOMS
Accessible Category E
WINDSOR HOUSE, KNOTTISFORD STREET, E2
Flat • 2 Bed 4 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£130.91, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29962



2 BEDROOMS
Accessible Category D
PALMERS ROAD, E2
Flat • 2 Bed 3 Person • 6th floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • Electric radiators • No garden • Car free home • Pets not permitted

£156.87, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 29968



2 BEDROOMS
Accessible Category F
WESTHOPE HOUSE, DERBYSHIRE STREET, E2
Maisonette • 2 Bed 4 Person • 8th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£124.87, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29937



2 BEDROOMS
Accessible Category F
FLORIDA STREET, E2
Flat • 2 Bed 4 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£143.65, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29950



2 BEDROOMS
Accessible Category G
LYSANDER HOUSE, TEMPLE STREET, E2
Maisonette • 2 Bed 4 Person • 4th floor • Separate kitchen • Two lifts • Entryphone • Separate Bathroom and W/C • GCH • No garden • Residents parking scheme • Pets not permitted

£143.48, Weekly - Social Rent
Landlord: Tower Hamlets Community Housing

Property Ref: 29943



2 BEDROOMS
Accessible Category F
OLD MARKET SQUARE, BARONESS ROAD, E2
Maisonette • 2 Bed 4 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£135.66, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29967



2 BEDROOMS
Accessible Category E
GEORGE LOVELESS HOUSE, DISS STREET, E2
Flat • 2 Bed 4 Person • 5th floor • Separate kitchen • Two lifts • Bathroom with W/C • GCH • No garden • Pets permitted

£125.77, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29952



2 BEDROOMS
Accessible Category G
TOWERGATE HOUSE, ORDELL ROAD, E3
Flat • 2 Bed 4 Person • 3rd floor • Open plan kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

£142.86, Weekly - Social Rent
Landlord: Southern Housing Group

Property Ref: 29959



2 BEDROOMS
Accessible Category C
RINSE APARTMENTS, RAINHILL WAY, E3
Flat • 2 Bed 3 Person • 1st floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years except for those who currently hold a secure or assured social housing tenancy

£137.43, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29926



3 BEDROOMS
Accessible Category F
COTTAGE STREET, E14
Maisonette • 3 Bed 5 Person • 2nd floor • Separate kitchen • No Lift • Entryphone • Separate Bathroom and W/C • GCH • No garden • Pets permitted

£141.66, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29933



3 BEDROOMS
Accessible Category F
PIONEER CLOSE, E14
Flat • 3 Bed 4 Person • 2nd floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted

PREFERENCE TO HOUSING MOVES APPLICANTS

£150.37, Weekly - Social Rent
Landlord: East Thames Group

Property Ref: 29976



3 BEDROOMS
Accessible Category E
NORBITON ROAD, E14
Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Wet room (walk in shower) • GCH • No garden • Pets not permitted • Stairlift

£139.75, Weekly - Social Rent
Landlord: Tower Hamlets Council

Property Ref: 29934



3 BEDROOMS
Accessible Category F
THE QUARTERDECK, E14
Maisonette • 3 Bed 5 Person • Ground Floor • Separate kitchen • No Lift • Separate Bathroom and W/C • GCH • Private garden • Pets not permitted

£169.69, Weekly - Social Rent
Landlord: One Housing Group

Property Ref: 29951



3 BEDROOMS
Accessible Category C
RINSE APARTMENTS, RAINHILL WAY, E3
Flat • 3 Bed 4 Person • Ground Floor • New build • Open plan kitchen • Two lifts • Entryphone • Bathroom with W/C • GCH • Shared garden • Car free home • Pets with landlords permission

£147.70, Weekly - Social Rent
Landlord: Swan Housing Association

Property Ref: 29946



3 BEDROOMS
Accessible Category F
REBECCA HOUSE, BROKESLEY STREET, E3
Flat • 3 Bed 5 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Permit parking • Pets not permitted

£120.40, Weekly - Social Rent
Landlord: Industrial Dwellings Society

Property Ref: 29961



4 BEDROOMS
Accessible Category D
RICARDO STREET, E14
Maisonette • 4 Bed 7 Person • Ground Floor • Separate kitchen • No Lift • Bathroom with W/C and Additional W/C, Wet room (walk in shower) • GCH • Private garden • Permit parking • Pets not permitted

£152.43, Weekly - Social Rent
Landlord: Southwark & London Diocesan HA

Property Ref: 29966



1. Internet Bidding
Just log on to www.thhs.org.uk



2. Telephone Bidding
Simply call 0845 270 2400

Further information on homes advertised is available at One Stop Shops & Neighbourhood Housing Offices

Reminder

Please respect people's privacy by not attempting to access advertised properties or knocking at neighbouring homes. This causes a nuisance and may distress some individuals.



AFFORDABLE RENT
Accessible Category F
TOMLINS GROVE, E3

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Shared garden • Pets not permitted • Life Time.

£172.00, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29936



AFFORDABLE RENT
Accessible Category G
FORECASTLE COURT, ALPHA GROVE, E14

Flat • 1 Bed 2 Person • Ground Floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • Private garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£191.47, Weekly - Affordable Rent
Landlord: One Housing Group

Property Ref: 29938



AFFORDABLE RENT
Accessible Category G
SHERWOOD GARDENS, E14

Flat • 1 Bed 2 Person • 1st floor • Open plan kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years with a 1 year starter tenancy. Deposit of 1 month's rent required. £130 non-refundable admin fee required

£167.13, Weekly - Affordable Rent
Landlord: Southern Housing Group

Property Ref: 29960



AFFORDABLE RENT
Accessible Category F
IVIMEY STREET, E2

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • No Lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Life Time.

Eligibility : Band 3

£209.00, Weekly - Affordable Rent
Landlord: Gateway Housing Association

Property Ref: 29930



AFFORDABLE RENT
Accessible Category F
LOCTON GREEN, RUSTON STREET, E3

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • No Lift • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years.

£144.88, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 29969



AFFORDABLE RENT
Accessible Category G
BUTLEY COURT, FORD STREET, E3

Flat • 1 Bed 2 Person • 1st floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Property for the over 50's

Eligibility : Min Client Age 50

£166.65, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 29973



AFFORDABLE RENT
Accessible Category G
BUTLEY COURT, FORD STREET, E3

Flat • 1 Bed 2 Person • 2nd floor • Separate kitchen • One lift • Entryphone • Bathroom with W/C • GCH • No garden • Pets not permitted • Fixed Term. This is a fixed term tenancy of 5 years. Property for the over 50's

Eligibility : Min Client Age 50

£166.61, Weekly - Affordable Rent
Landlord: OLD FORD HA

Property Ref: 29974

AFFORDABLE RENT PROPERTIES

Changes to Government policy mean that Housing Associations have been forced to charge higher rents on some properties. In addition not all tenancies will be tenancies for life.

Please note the rent level and length of tenancy offered on the following homes.

You are advised to check the Homeseekers website at **www.thhs.org.uk** for further information.

tower hamlets
homeseekers
POWER TOGETHER

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PROPERTIES URGENTLY REQUIRED

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www.primelandproperty.co.uk

020 7377 5445

*T & Cs apply

124 Whitechapel Road, London E1 1JE



Local Housing Allowance Rates

April 2014

Type of Accommodation	Local Housing Allowance
* Shared Accommodation	£98.16 per week
1 Bedroom	£254.80 per week
2 Bedroom	£299.34 per week
3 Bedroom	£350.95 per week
4 Bedroom & above	£412.89 per week

*The shared accommodation rate will be used for single people under 35 years of age and single tenants/couples who only have exclusive use of one room and shares other facilities.



Catering & Cleaning Opportunities



Part-time Kitchen Assistants & Cleaners

- 16hrs 15mins per week within Tower Hamlets schools
- Kitchen Assistants - term-time only
- Cleaners - working all year round
- £8.91 per hour
- Knowledge of food hygiene and safety is desirable
- Previous cleaning experience desirable

Please contact Skillsmatch on **020 7364 0626** and leave your name, number and quote **Kitchen Assistants/Cleaners**

Experienced Chef's required for various hotels in London

- Commi Chef, Demi Chef, Chef De Partie & Sous Chef
- Full time permanent positions
- Rate of pay depending on experience from NMW to £9+ per hour
- Must have good communication skills
- Flexible to work various shifts (including nights and early mornings)
- Able to work well under pressure

Please contact Skillsmatch on **020 7364 0626** and leave your name, number and quote **Hospitality**.

Your call will be returned within a few days.

Deadline for leaving details is Friday 30th May at 12pm

Skillsmatch
INNOVATION IN JOB BROKERAGE



Have you got a Head for Heights? Interested in Abseiling? Want to turn a hobby into a career?



Are you:
Tower Hamlets resident?
Aged over 18?
Physically Fit?*

*The training and future job opportunities will require physical activity such as climbing ladders and carrying heavy materials.

Skillsmatch are offering **FREE Accredited** training leading to job opportunities in Construction / Exterior Facade Cleaning and Maintenance, all jobs would be "Working at Heights".

Accredited training includes:

- Abseiling (IRATA)
- Towers / Ladders
- Window cleaning
- COTS (Scaffolding awareness)
- Asbestos Awareness

If you are interested and would like more information please contact: Skillsmatch on **020 7364 0626** or email: **constructiondesk@towerhamlets.gov.uk** by **5pm on Thursday 29th May 2014**.

Skillsmatch
INNOVATION IN JOB BROKERAGE



Ofsted
Outstanding
2010-2011

JAMIATUL UMMAH
Secondary School & 6th Form College

56 Bigland St, London E1 2ND | Tel: 0207 790 7878
email: recruitment@jamiatulummah.org.uk | www.jamiatulummah.org.uk

Required from September 2014:

Full Time (UK Qualified) Islamic Studies/Arabic Language Teacher (KS3, KS4 & KS5) – 1 Post
Pay scale: £23,628 – £30,787

Full Time Hifz Teacher – 1 Post
Pay scale: £17,675 – £19,604

Full Time Science Lab Technician/Librarian – 1 Post
Pay scale: £12,214 – £13,789

We are seeking to appoint qualified and experienced teachers who can inspire and motivate our pupils to achieve excellence in all aspects of learning. We expect all our teachers to be exemplary role model for our pupils and the school community.

Application form and further details are available from the School website:
www.jamiatulummah.org.uk

Applications should be submitted by email only to
recruitment@jamiatulummah.org.uk

Application Deadline: Friday 13th June 2014

Jamiatul Ummah is a selective independent Muslim school of 190 pupils in years 7 to 11 located in East London. The School was rated as "outstanding" by Ofsted in 2011. The school offers National Curriculum and Islamic subjects.

Providence Row Housing Association

A place where service users and staff work together to improve lives.

Draper's Young Persons Support Service (DYPSS) provides accommodation and support for 41 young homeless people and care leavers in Tower Hamlets.

This is an exciting time to join our team, as we introduce a new support and development model to help young people develop the emotional, social and practical skills they need to make successful transitions to adulthood and independence. If you feel you can make a real contribution to empowering young people to overcome obstacles they have faced, and fulfil their potential then we'd love to hear from you. We have a range of roles, all of which will play a vital part in transforming the lives of vulnerable young people:

- Support & Development Workers (Transitions)
- Support & Development Workers
- Night Support Workers
- Night Concierges

For further information and to download an application pack, please visit our website: www.prrha.net

Closing date: 9am on Monday, 9th June 2014.
Interview date: Thursday, 12th June 2014.

We value diversity and are committed to fairness and equal opportunities in all our services and for our staff. Enhanced DBS checks apply.

PRHA is a charitable housing association.
HCA No: L0695.

Industrial & Provident Society No: 19322R.

INVESTORS
IN PEOPLE | Silver

business to support people



One to One Specialist Support Staff Required

£15 per hour plus travel expenses

We are a unique project based in Tower Hamlets providing vocational training, supported employment and individualised support to young people and adults with learning difficulties and disabilities.

We are looking for experienced and qualified people to join our dedicated team to provide one to one support to our trainees in accessing a range of activities in the community and assist in developing their independence.

You will need to have experience of working with young people and adults on the autistic spectrum and in managing challenging behaviour using positive behaviour support.

Hours and locations are varied and may involve personal care.

If you are creative, energetic and proactive, flexible with a positive approach to assisting people who require specialised support then please contact **Dawud Marsh** on **07957 322195** or email for an application form **info@core-projects.org.uk**

Application deadline Friday 30th May
Interviews during the first week of June



Arnhem Wharf Primary School

1 Arnhem Place,
London E14 3RP

T 020 7515 4310
F 020 7538 1634

Teaching Assistants We are recruiting teaching assistants to work in class and 1:1 with children across the primary age range from 3-11years:

We require staff who:

- Value all children equally
- Support teachers to include all children in the classroom
- Enjoy working as part of a team
- Have Maths and English GCSE grade C or above, or equivalent

The posts will be paid at either scale 2 or 3 depending on experience.

Experience working with children with special educational needs, or disabilities, is an advantage.

Applicants will be subject to an enhanced check from the DBS.

An application pack can be downloaded from the school website
www.arnhemwharfprimaryschool.com

Closing date: Midday 12th June 2014

Shortlisting date: 13th June 2014

Interview date: 23rd June 2014

Please email your completed application to:

reception@arnhemwharf.towerhamlets.sch.uk

Visits to the
school are
welcomed

Arnhem Wharf School is committed to safeguarding and promoting the welfare of children, and expects all members of staff to share this commitment.

Start A New Career in
ACCOUNTANCY

AAT
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Training Centre

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- Free Sage Course
- AAT Approved Training Centre
- Claim 30% Off Course Fees for Limited Time
- Free Internship Opportunity
- Flexible Payment Option
- Pass Guarantee Scheme
- Student Discount Card From NUS

Start this month!

Queensway House,
275 High Street, London E15 2TF
Tel: **020 8555 1910**

Quote
EASTEND
to get extra 5% Off

www.osbornetraining.co.uk

Thinking of further or higher education?

- Don't have a grant and need financial support for your course?
- Have you lived in Tower Hamlets for the last three years or more?

Then we may be able to help!

The Tower Hamlets & Canary Wharf Further Education Trust issues grants of up to £3,650*

Closing date for all applications is 12 noon on Friday 13th June 2014

Don't delay... apply today!

For further information contact David Stone:
020 7364 4888 / 07842 287031

Email david.stone@towerhamlets.gov.uk

Or download an application form from:
www.towerhamlets.gov.uk

*Dependent on course selected. See website for details



CANARY WHARF
GROUP PLC

To advertise in East End Life, call

Sharan on 7364 4061
Chris on 7364 4994

Terri on 7364 4682
Fatima on 7364 4623

Career Opportunities

All boroughs are unique. Many are vibrant and multicultural. Some have a rich historical background. Others have a modern edge. Tower Hamlets is all of these - it's got the TH buzz that's felt by those who live and work here....



Occupational Therapist - First Response Team £31,464 - £38,229

Education, Social Care & Wellbeing

Ref: ESW00261

Closing date: 01.06.14

per annum

Family Support Worker

£25,770 - £27,279

Education, Social Care & Wellbeing

Ref: ESW00254 | FTC until 31st March 2015

Closing date: 29.05.14

per annum

For more information and to apply for these and other career opportunities, please visit the Tower Hamlets website.

www.towerhamlets.gov.uk/careers

We shall ensure fairness and equal opportunities throughout our workforce and in service delivery. We welcome applications from suitably skilled candidates regardless of ethnicity, gender, disability, sexuality, religion or age.



INVESTORS
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LONDON BOROUGH OF TOWER HAMLETS

PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990, SECTIONS 10, 67 AND 73

APPLICATIONS FOR LISTED BUILDING CONSENT AND APPLICATIONS FOR DEVELOPMENT WHICH WOULD IN THE OPINION OF THE LOCAL PLANNING AUTHORITY AFFECT THE CHARACTER OR APPEARANCE OF AN AREA DESIGNATED AS A CONSERVATION AREA OR WOULD AFFECT THE SETTING OF A LISTED BUILDING.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Whitechapel Station, 277 Whitechapel Road, London, E1 1BY **PA/14/1152/ADW**

Submission under Schedule 7 of the Crossrail Act 2008 for Plans and Specifications for the Whitechapel Crossrail Station in relation to the graphic pattern on the pre-cast concrete facade of the Durward Street shaft.

51 Redmans Road, London **PA/14/1000/KFL**

Redevelopment of a vacant site by the erection of a new build development comprising of commercial office on the ground floor and seven residential units on first to fourth floors (consisting of 1 x studio flat, 4 x 2 bed flats and 2 x 3 bed flats).

64-68 Commercial Street, London, E1 6LT **PA/14/1149/KHT**

Alterations to the front elevation of 64 Commercial Street. Existing main entrance door relocated in place of an existing window opening. New timber framed glazed panel fitted into existing door opening

Flat 2, Tannery House, 6 Deal Street, London, E1 5AG **PA/14/1136/MCH**

Replacement of current deteriorating wood windows with like-for-like hardwood windows.

5 Osborn Street, London, E1 6DT **PA/14/1032/ADW**

Application to vary Condition 8 (opening hours) of planning permission reference PA/01/00132, dated 16 May 2001, to extend the opening hours to between 11:00am - 03:00am on any day

Site O/S Royal London Hospital, Whitechapel Road, London **PA/14/1135/BEE**

Consent to display internally illuminated advertisement panel to re-sited bus stop

White Hart Public House, 1 Mile End Road, London, E1 4TP **PA/14/342/SHA**

Conversion & Extension of the Upper Floors into an Apart-Hotel above the existing Public House

5, 7, 9 & 11 Parfett Street, London **PA/14/00892/MCH**

Roof renewal involving overlaying of the existing asphalt roof cover with a new high performance felt membrane. Associated works will include the installation of permanent edge protection.

22 Calvert Avenue, London **PA/14/1127/ADW**

Display of 3.no non-illuminated poster display cases on front (north) elevation

Bethnal Green Gardens, Cambridge Heath Road, London **PA/14/1170/PLA**

Alterations, conversion and change of use of existing single storey pavilion at the north-east corner of Bethnal Green Gardens to a cafe (Use Class A3), including the introduction of new glazing, hardscape paving, kitchen with extract system and toilet facilities.

Application made further to the expired planning permission ref PA/11/00371

Flat 21, Duke Shore Wharf, 106 Narrow Street, London, E14 8BU **PA/14/1058/SAE**

Proposed to replace windows and door to side and rear elevation

320 Burdett Road, London, E14 7DL **PA/14/696/IOL**

Change of use of first and second floor from Dentist (D1) to residential (C3). Erection of mansard roof extension and three storey rear extension to form 1 x 1bed and 1 x 2b flat. Replacement of existing shop front.

Rear of 633 Commercial Road, London, E14 7NT **PA/14/362/SAH**

Demolition of an existing storage space/garage and construction of a two storey, 1 bedroom House with a basement and lightwell.

The following are householder applications and in the event of an appeal against a refusal of planning permission, which is to be dealt with on the basis of representations in writing, any representations made about these applications will be sent to the secretary of state, and there will be no further opportunity to comment at appeal stage.

73 Driffield Road, London, E3 5NE

PA/14/1169/SHA

Replacement of windows, installation of rear sliding doors, rebuilding of existing basement wall and replacement of front wall with a steel railing.

Copies of the applications and plans may be inspected between the hours of 9am-5pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated: 26th May 2014

OWEN WHALLEY

Head of Planning and Building Control



Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – ASHTON STREET E14

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made an Order which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carr-

iageway in Ashton Street for a distance of approximately 50 metres in the eastbound direction from its junction with Bullivant Street.

The restriction on vehicular traffic will enable essential works to be carried out on the public highway by LBTH.

The alternative routes for vehicular traffic will be via Ashton Street, Robin Hood Lane, Woolmore Street and Bullivant Street and vice versa.

The restriction on vehicular traffic will operate on Saturday 31st May 2014 and at times when temporary traffic signs are placed on the pub-

lic highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to John Parsons, Network Coordinator, Transport and Highways on 020 7364 6680 or email, john.parsons@towerhamlets.gov.uk

Dated: 26th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

LONDON BOROUGH OF TOWER HAMLETS

TOWN & COUNTRY PLANNING ACT 1990

MAJOR APPLICATIONS UNDER ARTICLE 13(4)) OF THE TOWN AND COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) ORDER 2010 AND OTHER SIGNIFICANT APPLICATIONS.

NOTICE IS HEREBY GIVEN THAT THE LONDON BOROUGH OF TOWER HAMLETS IS CONSIDERING THE FOLLOWING APPLICATIONS:

Glaucus Works, Leven Road, London, E14 0LP **PA/13/3053/GG**

Demolition of existing buildings and redevelopment of site to provide a part 6, part 9 storey mixed use building with basement parking to provide 291sqm of commercial space (A1/A2/A3/A4, B1 (a), D1 Use Classes) together with 126 residential units with associated landscaping, children's play facilities and public riverside walkway. (AMENDED DESCRIPTION)

Copies of the applications and plans may be inspected between the hours of 9am-1pm, Monday to Friday at the Planning Department, Mulberry Place, Clove Crescent, London, E14 2BG. The information will also be available on the Council's web site at www.towerhamlets.gov.uk. If you respond by email, please tell us your postal address.

Any person who wishes to make representations relating to any of these applications should do so, in writing, within a period of 21 days from the date of publication of this notice to the Development Control Manager at the above address.

Dated 26th May 2014

OWEN WHALLEY

HEAD OF PLANNING & BUILDING CONTROL



LONDON BOROUGH OF TOWER HAMLETS

The Tower Hamlets (Personalised Disabled Parking Places) (No.1)
Order 2010 (Amendment No.6) Order 2014 No.36

The Tower Hamlets (Free Parking Places) (General Use-Disabled Parking Places)
(No.1) Order 2010 (Amendment No.3) Order 2014 No.37

The Tower Hamlets (Doctor Parking Places) (No.1) Order 2011
(Amendment No.2) Order 2014 No.38

The Tower Hamlets (D1 Parking Places) (No.1) Order 2011
(Amendment No.4) Order 2014 No.39

The Tower Hamlets (Waiting and Loading Restrictions) (No.1) Order 2012
(Amendment No.6) Order 2014 No.40

1. **NOTICE IS HEREBY GIVEN** that the Council of the London Borough of Tower Hamlets on 26th May 2014 made the above-mentioned Orders under the relevant sections of the Road Traffic Regulation Act 1984, as amended by Section 5 of the Local Government Act 1985 and the Traffic Management Act 2004.

2. The general effect of the Orders would be to in:

a) **Tiller Road (north side, between Hammond Court & Corvette Court) -**

i) To partition the existing Resident bays to allow for dropped kerb access.

ii) To introduce Personalised Disable Bays outside no.85 and no.91

b) **Dunbridge Street -**

i) To convert the existing Single Yellow Line to Double Yellow Lines on both sides at its junction with Vallance Road.

ii) To revoke the Doctors’ bays (D22) & D22a) and substitute with Shared Use - P&D and Permit Parking bays.

iii) To introduce on Single Yellow Line outside no.18 Chapter House, a General Disabled Badge holder bay with a 3 hours maximum stay limit and no return same day.

c) **Carr Street –** To convert the Personalised Disabled bay (Dis415) outside no.39 into a Resident Parking space.

3. The Regulations, fees and usual exemptions imposed by the governing Traffic Management Orders would apply to the proposals referred to in paragraph 2 above.

4. A copy of each of the proposed Orders and all relevant documents can be inspected, by prior appointment, at the offices of the at the Parking Services Offices, 585-593 Commercial Road, London E10HJ (0207-364 6952), during normal office hours on Monday to Friday inclusive until the expiration of a period of 21 days from the date on which this notice is published.

5. Any person desiring to comment on or object to any of the proposed Orders should send a statement in writing or Email: Parking.development@towerhamlets.gov.uk of their objection and the grounds thereof, to the above address within the aforementioned period of 21 days.

Dated: 26th May 2014

JAMIE BLAKE
SERVICE HEAD, PUBLIC REALM

LEGACY
DEVELOPMENT
CORPORATION

Advertisement notice: Community Infrastructure Levy (CIL) -
Publication of Draft Charging Schedule
In accordance with the Community Infrastructure Levy Regulations 2010
(as amended) and the Planning Act 2008 (as amended).
Date of notice: 26-May-2014

Statement of Representations Procedure

The London Legacy Development Corporation has produced a CIL Draft Charging Schedule. This is notice that the Legacy Corporation is inviting representations on this Schedule.
The consultation on the Draft Charging Schedule will run for a six week period, from 27th May 2014 to 8th July 2014. Representations must be received within this period, in accordance with regulation 17(2)(a), therefore representations received after this date may not be taken into account.
The following documents are available for inspection:

• Draft Charging Schedule

• Draft Planning Obligations SPD

• Draft Infrastructure List

• Evidence to support the Draft Charging Schedule (Viability Study and draft Infrastrucure Delivery Plan)

These documents can be found at the following locations:

• LLDC's Planning Policy Webpage: <http://queenelizabetholympicpark.co.uk/planning-authority/planning-policy>

• London Legacy Development Corporation Office: Level 10, 1 Stratford Place, Montfichet Road, Stratford, E20 1EJ

• Tower Hamlets Town Hall, Mulberry Place, 5 Clove Crescent, E14 2BG

• Hackney Town Hall, Mare Street, E8 1EA

• Newham Town Hall, Newham Dockside, 1000 Dockside Road, E16 2QU

• Waltham Forest Town Hall, Forest Road, Walthamstow, E17 4JF

Making a Representation

To make a representation, please write via post or email in the period from Tuesday 27th May to Tuesday 8th July 2014 (to be received before 5pm) to the following addresses:
Post: CIL- Policy Team, London Legacy Development Corporation, 1 Stratford Place, Montfichet Street, London E20 1EJ
Email: planningpolicy@londonlegacy.co.uk
Your Representation
Any person making a representation has the right to request to be heard by the Examiner at the Examination stage of publication. To be heard by the Examiner, please make this request clear in your representation, or write to the Legacy Corporation with your request before 8th July 2014.
Representations will be submitted to the Planning Inspectorate and considered at Examination, unless comments are withdrawn. To withdraw a representation, write to the Legacy Corporation before the Examination.
Any person making a representation can request to be notified at a specified address of any of the following:

• When the Draft Charging Schedule has been submitted to the examiner in accordance with section 212 of PA 2008;

• Of the publication of the recommendations of the examiner and the reasons for those recommendations, and;

• Of the approval of the Charging Schedule by the charging authority.

Further Information

Please feel free to contact the Policy Team by telephone: 020 3288 8820 or email: planningpolicy@londonlegacy.co.uk

Public notices

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 6

TOWER HAMLETS (PRE-SCRIBED ROUTES) (NO. 1) TRAFFIC ORDER 2014 (“FIELD DAY” FESTIVAL) ORDER 2014

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets, with the agreement of the London Borough of Hackney, made the above-mentioned Order under Section 6 of the Road Traffic Regulation Act 1984 (as amended by Special Events Act 1994). The effect of the Order will be to prohibit vehicular traffic from proceeding in:

a) Grove Road between its junction with Wetherell Road and its junction with Old Ford Road.

b) Old Ford Road between its junction with Bonner Street and its junction with St. Stephen’s Road.

c) Grove Road between its junction with Old Ford Road and its junction with Roman Road.

d) Lauriston Road between its junction with Victoria Park Road and its junction with Wetherell

Road.

e) Aberavon Road and Rhonddda Grove, at their junctions with Mile End Road.

f) Maplin Street, between its junction with Wentworth Mews and its junction with Mile End Road.

The restriction on vehicular traffic will enable the “FIELD DAY” FESTIVAL to take place in Victoria Park. Access will be provided for Police, Fire and Ambulance vehicles in an emergency or access may also be provided with the permission of a Police Officer in uniform.

The Order will operate on Saturday 7th June 2014 between 21:30 hours and 00:00 hours and Sunday 8th June 2014 between 20:30 hours and 00:00 hours for the “Field Day” egress, when temporary traffic signs and cones are placed on the public highway.

If you require any further details please contact Alison Denning, Festival and Events Officer on 0207 364 7909 or e-mail alison.denning@towerhamlets.gov.uk

Dated: 26th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – ARMAGH ROAD E3

NOTICE IS HEREBY GIVEN that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriage-way in Armagh Road for a distance of approximately 50 metres in the northbound direction from its junction with Centurion Lane.

The restrictions on vehicular traffic will enable essential crane works to be carried out on the public highway by Kind and Company (Builders) Limited.

The alternative routes for vehicular traffic will be via Centurion Lane, Libra Road, Wrights Road, Allen Road, St. Stephens Road, Old Ford Road and Armagh Road and vice versa or Old Ford Road, Parnell Road, Roman Road and Armagh Road.

The restriction on vehicular traffic will operate between 2nd June 2014 and 6th June 2014 on Monday, Wednesday and Friday only and at times when temporary traffic signs are placed on the public highway pursuant to the Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the traffic restriction to David Pryce, Network Coordinator, Transport and Highways on 020 7364 6898 or email david.pryce@towerhamlets.gov.uk

Dated: 26th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

SPECIAL TREATMENT LICENCES

NOTICE IS GIVEN THAT Na Gao has applied to the London Borough of Tower Hamlet for Acupuncture and Massage

Licence(s) for the premises: Chinese Medical Center, 27 Skylines Village, Limeharbour, London E14 9TS

Anyone wishing to oppose the application must give notice in writing to David Tolley, Head of Consumer and Business Regulation Service, 6th Floor Mulberry Place, 5 Clove Crescent, London E14 2BG
WITHIN THREE WEEKS specifying the grounds of opposition.

Persons objecting to the grant of a licence must be prepared to attend in person at a hearing before a Committee of the Council.

PUBLIC NOTICE

THE LONDON BOROUGH OF TOWER HAMLETS

ROAD TRAFFIC REGULATION ACT 1984 - SECTION 14 (1)

TEMPORARY PROHIBITION OF TRAFFIC – SHIPTON STREET E1

NOTICE IS HEREBY GIVEN, that the Council of the London Borough of Tower Hamlets made an Order, which will prohibit vehicular traffic from entering, stopping or proceeding in the length of carriage-way in Shipton Street between its junction with Columbia Road and its junction with Ravenscroft Street.

The restriction on vehicular traffic will enable essential resurfacing works to be carried out on the public highway by LBTH.

The alternative route will be via Columbia Road, Hackney Road and Ravenscroft Street and vice versa.

The restriction on vehicular traffic will operate on Wednesday 4th June, Thursday 5th June and Friday 6th June 2014 and at times when temporary traffic signs are placed on the public highway pursuant to The Traffic Signs Regulations and General Directions 2002.

Please refer any queries regarding the above traffic restriction to Mike Arnold, Street Scene Engineer, Transport and Highways on 020 7364 6868 or email, mick.arnold@towerhamlets.gov.uk

Dated: 26th May 2014

JAMIE BLAKE
SERVICE HEAD
PUBLIC REALM
MULBERRY PLACE
5 CLOVE CRESCENT
LONDON E14 2BG

26 MAY – 1 JUNE 2014

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

33

A league of their own

Hamlets FC have won four cups, and can put the icing on the cake by taking the Essex Business Houses League.

SEE BELOW



A talent like no other

Matt Le Tissier, one of the guests at the Tower Hamlets Youth Sport Foundation awards, was a supremely gifted attacking midfielder who spent his entire career with Southampton FC.

Sport

Hamlets in cup clean-sweep... now for the league

FOUR-MIDABLE – that's what FC Hamlets football team can claim to be after picking up their fourth trophy of an amazing season.

And now they can put the icing on the cake by clinching the Essex Business Houses League crown as well.

Last week they defeated Vittoriosa Falcons 4-1 in the final of the East Ham Memorial Cup, adding to the Premier Cup Syd Morrell Trophy and the Lon-

don Cup they had won in the past few memorable weeks.

The game could not have started any better when, after five minutes, Corrin Harrison won a free kick and Jonnie Jeanneval bent the ball over the wall for the opening goal.

On the half-hour Harrison turned provider, this time for John Gilroy to make it 2-0.

Harrison was causing havoc in the Falcons' defence and five minutes

later he again found Jeanneval with a perfect pass to make it 3-0.

However FC Hamlets took their foot off the gas and allowed Falcons to pull a goal back before half-time.

Hamlets created several chances in the second half, but it wasn't until ten minutes from time when a late break saw Ashaan Siddik drive forward with the ball and pick out a perfect cross for Lawrence With, who tucked it beyond the reach of the Falcons' keeper.



Young stars win awards

BY PETER FAULKNER

TOWER Hamlets Youth Sport Foundation honoured its rising young stars at its second annual awards evening where the cream of the borough were given some words of advice from sporting superstars.

Olympians volleyball player Rachael Laybourne and diver Pete Waterfield presented 22 Performer of the Year Awards in various sports.

Notable winners included Miles Mercury, top ranked young tennis player in his age group, reigning European taekwondo champion Nermeen Hilton, and Abbie Solly, 17, who has just broken into the West Ham United ladies first team.

Shuhan Khan and Duel Ahmed, the reigning Middlesex under-17 badminton champions, Leigh Thompson, London Schools 75m hurdles champion, and Jahed Miah, who has just made the Kent County Cricket performance squad as a slow left arm spinner, were also recipients in their respective sports.

The awards also saw two successful brother and sister combinations – Ross Dixon (kayaking) and Iona Dixon (sailing), and Scarlett Mew Jensen (diving) and Georg Mew Jensen (cycling).

Great Britain's rowing silver medalist and East Ender Mark Hunter then helped recognise the Morpeth under-14 boys



Perri Shakes-Drayton with female performer of the year Scarlett Mew Jensen and runner-up Mercy Brown

Female performer: Scarlett Mew Jensen; runner-up – Mercy Brown

Male performer: Georg Mew Jensen; runner-up – Leonardo De Moura Muniz

Community club: Tower Hamlets

Judo Club

Coach of the year: Idris Boussettoua;

runner-up – Mike Whittaker

Para athlete: Denzel Akhigbe; runner-up Nazia Begum

School team: Morpeth U-14

boys table tennis; runners-up – Bishop

table tennis team as team of the year for their national runner-up title.

Phoenix School's Denzel Akhigbe took the para athlete of the year award, before former Southampton and England footballer Matt Le Tissier presented Mohema Begum with the PETA of the year award, won for her outstanding sports leadership.

There was double joy for Tower Hamlets Judo Club as

they picked up the club of the year award, and one of their head coaches, Idris Boussettoua, also took the Tower Hamlets Community Housing and Bugler Developments coach of the year title.

Former Bishop Challoner student and 400m hurdler Perri Shakes-Drayton presented the female performer of the year award and in a reversal of the 2013 awards, weightlifter



Kumar Sangakkara with male performer of the year Georg Mew Jensen and runner-up Leonardo De Moura Muniz

Challoner U15 boys athletics

Performer of the year awards:

Rugby – Elton Seferi

Table tennis – Mayling Tran

Tennis – Miles Mercury

Water polo – Toby Woodward

Karate – Nicholas Lee

Volleyball – Noelle Guenem

Weightlifting – Mercy Brown

Swimming – Kaia Cudmore

Kayaking – Ross Dixon

Sailing – Iona Dixon

Judo – Leonardo De Moura Muniz

Hockey – George Fall

Athletics – Leigh Thompson

Badminton – Shuhan Khan & Duel Ahmed

Basketball – Mekie Ifekandu

Taekwondo – Nermeen Hilton

Football – Abbie Solly

Cycling – Georg Mew Jensen

Netball – Maria Romney

Rowing – Badrun Ali

Cricket – Jahed Miah

Diving – Scarlett Mew Jensen.

Mercy Brown finished runner-up to young diver Scarlett Mew Jensen.

Sri Lankan cricket legend Kumar Sangakkara then joined BBC presenter and host Sonali Shah to present Leonardo De Moura Muniz with the male performer of the year runner-up trophy.

He was pipped to the winning award by cyclist Georg Mew Jensen who will lead part of the

Tour De France opening when it comes to the UK in July (see back page).

The fund-raising dinner began with companies from Canary Wharf and the City of London, in particular from the Lloyds insurance market, a long-term supporter of sport and physical activity in Tower Hamlets, being entertained by a question and answer session with Le Tissier and Sangakkara.



Shanae back in the swim

A KEEN swimmer and keep-fit enthusiast was devastated when she discovered she had a condition that could leave her paralysed.

But Shanae Macdonald, now 32, from Leman Street in Aldgate, says an exercise regime transformed her life and enabled her to get back in the pool.

Shanae was just 20 when she was diagnosed with curvature of the spine or scoliosis and told she would need surgery.

Desperate to avoid going under the knife, she spent years visiting specialists to help with the pain. Then a couple of years ago she heard about Scoliosis SOS.

Founded and run by Erika Maude, who has scoliosis herself, the clinic in Mansell Street offers a combination of non-surgical treatments.

Shanae said: "I had always loved being on the water and I was getting really good, training up to four times a week. When I was told that my favourite stroke was putting serious strain on my spine and it was something I should consider giving up, I was devastated.

"I am so relieved to get back to what I love – swimming and keeping fit is my life."



No need to sit on the sidelines

There are many ways you can take part in sport and improve your fitness in Tower Hamlets. To find out more, drop into your local leisure centre or visit...

WWW.GLL.ORG

Tell the East End

Do you have a sports club you would like to be included in our listings? If so email the details to...

EASTENDLIFE.NEWS@TOWERHAMLETS.GOV.UK

Sport



The Veras Academy goes from strength to strength

Veras victorious north of border

Karate club continue remarkable competition success

BY PETER FAULKNER

EAST Londoners dominated the British 4 Nations karate championships in Glasgow – and it was the young guns who stood out.

The Veras Karate Academy, which run classes in Poplar and Shoreditch, took six students to the event at the Emirates Stadium – and returned with four titles.

And ten-year-old Tayla O'Brien from the Uechi-ryu karate club in Bethnal Green and Stepney, landed a silver medal.

The six Veras Academy students and chief instructor Raphael Veras again proved they are a force to be reckoned with.

Brothers Liam and Luca Veras each won British titles in their respective kata events and then together won the mixed pairs team kata. Not to be outdone, mum Patricia Perote also added to the family title haul winning gold in the 35-plus category.

Luan Veras, Emre Oner and Lulu Brown, all ten, fought well but could not get among the medals on this occasion.

Tayla O'Brien became a British champion in March and followed that up last month by winning the Eastern Counties crown.

And she was again in impressive form, reaching the final of the 10-12 years 33kg division at the 4 Nations.

Tayla, from Bethnal Green, won her first two rounds 5-0 and 4-0 and put up a superb perfor-



Tayla O'Brien

mance in the final before losing to a good opponent by three points.

Tayla's Uechi-ryu karate club run classes on Mondays and Thursdays at Bethnal Green Methodist Church, Approach Road, and at Mulberry Sports Centre in Richmond Street, Stepney on Fridays.

Anyone interested in joining can contact sensei Terry Daly on 07957 252115 or visit www.uechiryulondon.co.uk

Veras Academy runs classes at Trusslers Hall, Grundy Street, Poplar on Tuesdays and Thursdays and at St Paul Street, Shoreditch on Saturdays – visit www.verasacademy.co.uk

Boxing

REPTON Boxing Club old boy **Darren Barker** is taking over the club – for a one night spectacular at York Hall, Bethnal Green.

Barker will manage a select Repton team to take on the powerful Gamala club of Azerbaijan.

The event takes place on Friday, June 27 in aid of World Refugee Week, with proceeds going to the Mo Farah Foundation.

And the team for the nine-bout contest will be managed on a special one-off basis by Barker, former Commonwealth champion and IBF World Middleweight champion. He retired earlier this year.

The Gabala team is being brought to England by Tony Adams, the former Arsenal and England captain. Over the last four years, Tony has been head coach of the club's football team in the Azerbaijani Premier League and is now a consultant.

■ THE annual Repton dinner show clash with Belfast at The Brewery, Chiswell Street in the City ended in a 5-3 defeat for the club who had won in Ireland earlier in the year.

■ REPTON sent a squad of boxers up north for the annual team match against Sunderland, clinching a 5-3 win against their old rivals.

First up was Charlie Hickford who lost a controversial decision before Bennie Eastwood stepped up to win an exciting contest.

Other winners were Joe Hickford, Nathan Harris and Eunice Charmer who boxed well and won convincingly. 'Birdie' Harris won, giving his usual shining performance. Steve Kaczmarczyk lost a cracker of a contest and Shaun Solomon was beaten on a split decision.

The return will be at The Prince Regent Hotel, Chigwell, in November.

Cricket

STUDENTS from **Tower Hamlets College Foundation Learning cricket team** graced the home of cricket when they were invited to Lord's for the launch of the Lord's Taverners Disability Championships.

The nine students, who train at the college's Poplar site once



The Foundation Learning cricket team at Lord's

a week with Michael Wilson of the Middlesex County Cricket Association, were joined by members of the college's mainstream cricket team.

They had the opportunity to watch a county match, play on the outfield and enjoy lunch in the Lord Taverner's box.

The Disability Cricket Championships aims to bridge the gap in cricket provision for young people aged 14-25 with a limiting disability by providing access to regular coaching and competition.

Tanya Blake, enrichment and mentoring co-ordinator, said: "Cricket has always been a very popular sport at the college and the disability team is going really well. I would like to say a big thank-you to the Middlesex Association for their support."

University sport

ATHLETES at the **University of East London** have had an amazing season, winning 11 medals at British Universities & College Sports (BUCS) for athletics, rowing, judo and boxing.

And they were honoured at UEL's awards evening at Arsenal's Emirates Stadium with Olympic gold medal cyclist Nicole Cooke getting a lifetime achievement award and an honorary doctorate.

International excellence awards also went to Scottish international basketball player Douglas Bennett, judo gold medallist Julia Scardone, and fencer and UEL lecturer Dr Lindsay Bottoms, who represented GB this year.

The audience heard that UEL's men's basketball and volleyball teams made university history by becoming the first teams ever to qualify for BUCS premier

leagues and were rewarded by picking up UEL director of sport David Cosford's premier award.

The taekwondo club won two awards – club of the year, and coach of the year for Shujahat Fiaz.

Team achievement of the year award was won by the coxed four women's rowers, while most improved club of the year went to netball. Partner of the year went to West Ham Community Sports Trust.

There were nine awards in the vice-chancellor's service to sports category. These went to: Richard Buscombe, tennis; Josephine Fox, taekwondo; Will Ashby and Douglas Bennett, basketball; Mohit Rohra, cricket; Daniel McAndrew, rugby; Maximilian Oertel, rowing; Giulia Mazzia, volleyball; and Sunniva Naess, handball.

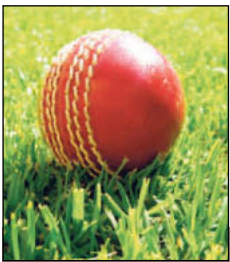
UEL also won the Varsity competition and three of its students represented their nations in the World University Games.

Sport journalist of the year was student Emmet McEvoy and sports therapy student of the year went to Jacqueline Bormann.

Wheelchair rugby

GREAT Britain wheelchair rugby stars joined the mayor of London, Boris Johnson, and Harlequins and England rugby star Mike Brown to launch the first World Wheelchair Rugby Challenge at the Copper Box Arena, which will run from October 11-16 next year.

As well as Great Britain, current Paralympic gold medal holders Australia and current world champions USA will take part, along with teams from Canada, South Africa, Japan, France and New Zealand.



More inside

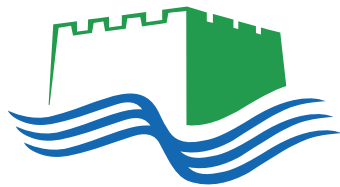
For stories on karate, sports awards, boxing and cricket...

SEE PAGES 34 & 35



Pedalling ahead of the peleton

On stage 3, from Cambridge to London, Georg will lead the peleton – the main group of riders – for 30km, then he will be whisked to London to ride the last 30km finishing on the Mall.



TOWER HAMLETS

eastendsport

NEWS FROM TOWER HAMLETS COUNCIL AND YOUR COMMUNITY

Cycling kid Jensen comes of age with Tour de France call

BY PETER FAULKNER

RISING cycling star Georg Mew Jensen has been given the honour of taking part in this year's Tour de France – even though he has only just turned 15.

Morpeth School pupil Georg, from Commer-

cial Road, Limehouse, will ride with some of the giants of the sport on July 7 as part of the Grand Depart that this year kicks off the race in the UK.

On stage 3, from Cambridge to London, Georg will lead the peleton – the main group of riders – for the first 30km, then he will be whisked to London to ride the last 30km finishing on the Mall.

And he will be riding the special bike the council helped to fund a few years ago.

Georg will be asked to make a video diary of his experience, which will form part of the TDF company publicity.

His dad Steve said: "Of course Georg is very excited – and he will get a day off school.

"But this is a tremendous honour for him and is probably the pinnacle of his career so far."

Georg has been racing for five years, is double National TT champion and has gained top-five placings at national events both here and in Europe.

He was nominated by British Cycling to be a Tour de France

cadet, representing London and the Eastern region.

■ Georg and his sister Scarlett, a talented diver, were voted male and female performers of the year at the Tower Hamlets Youth Sports Foundation awards last week. For the full story and pictures of the event, see page 34.



George Mew Jensen in action

New tricks for BMXers

YOUNG people aged five to 16 can learn basic BMX tricks in Mile End Park this half-term holiday.

Tower Hamlets BMX Club are holding workshops from Tuesday to Friday, May 27-30 at 10am for ages 5-10 and at 11.30am for 11- to 16-year-olds at the BMX track in the park off Burdett Road, E3.

Spaces are limited and places must be booked in advance – email pauline.stewart@towerhamlets.gov.uk or call 7364 2433.

To find out more about sport in the borough visit www.towerhamlets.gov.uk/sports

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